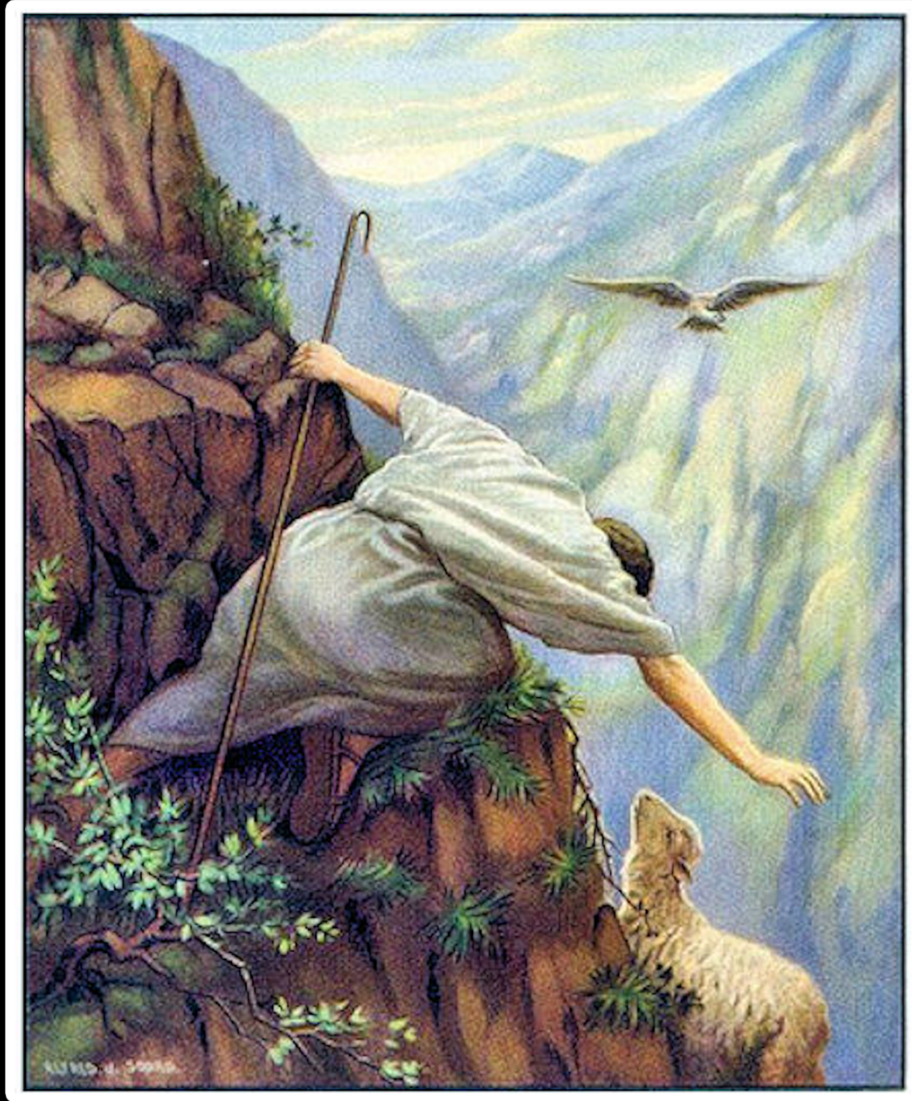


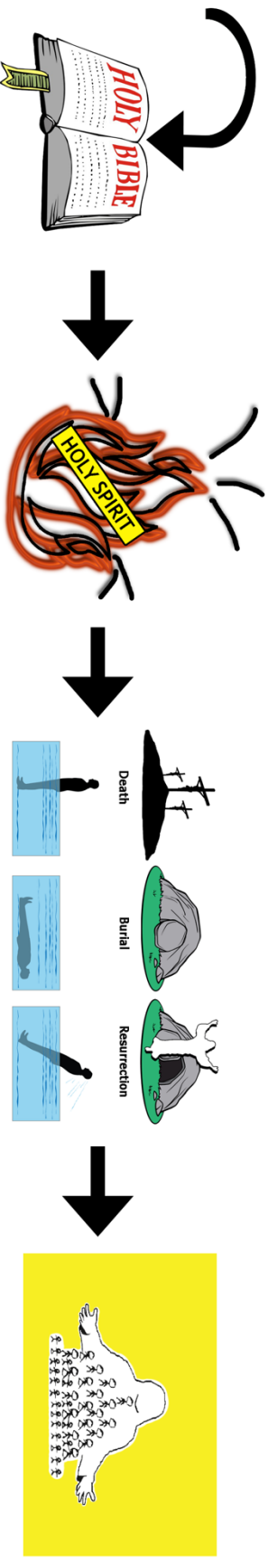
God's Plan for Young Disciples



God's Plan for Young Disciples will lay a solid foundation to help young people develop a good spiritual beginning for life.

Young Disciples' Workbook

God's Plan for Young Disciples

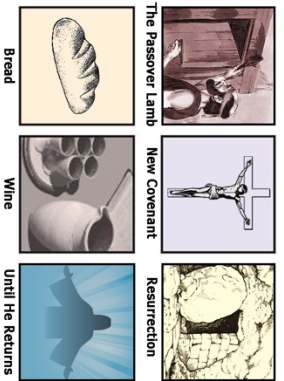


Word of God - Authority

Holy Spirit - Power

Water Baptism

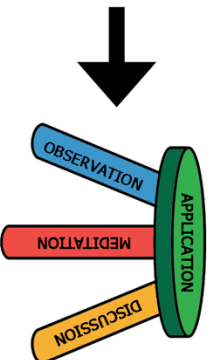
Members of One Another



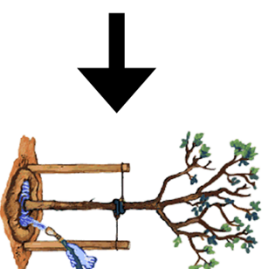
Lord's Supper



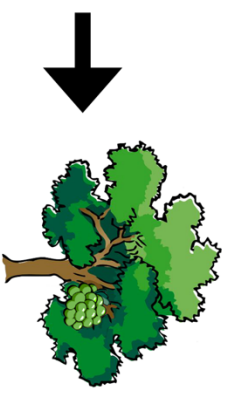
Prayer



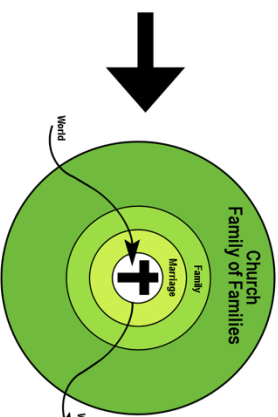
How to Study the Bible



Staked



Established



Family of Families



Growing Disciples

Your Life IN Christ

Your Life WITH Christ

Quiet Time with the Lord

God's Plan for Young Disciples

Young Disciples' Workbook

God's Plan for Young Disciples: Young Disciples' Workbook is designed to be used in conjunction with *God's Plan for Young Disciples: Teacher's Edition*. This material contains the Scriptures, activities and applications for children and youth to complete as the teacher presents the lessons. The lessons will promote and encourage young followers of Christ in their spiritual growth using biblical principles that are not limited by culture and time.

Tim W. Bunn and Virginia J. Dickens

Second Edition, 2022

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God's Plan for Young Disciples

Young Disciples' Workbook

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Book Front Cover:

Alford Usher Soord (1868-1915) was a British painter whose most famous work is a painting of *The Parable of The Lost Sheep*, depicting a sheep stranded halfway down a steep cliff and the shepherd hanging perilously over the edge, risking his own life to save it. *The Lost Sheep* was exhibited in 1898 in the Royal Academy and by 1916, over 300,000 reproductions of it had been sold in England and America; the work continues to be extremely popular more than a century after its creation.

First Edition, 2021

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<http://www.newfoundationsinternational.org/>

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ACKNOWLEDGMENTS

The inspiration for this book came from parents in Central America teaching *God's Plan for His Disciples* to children. Thank you to Martha Dickens Evans for her assistance with the curriculum content. We want to recognize Danielle Nash, who helped us with the graphics, making them easy for children to color and remember the Bible truths that go along with the lessons. We also thank Sherman Driver for his encouragement and help in formatting this project into a usable workbook.

INTRODUCTION

This is a tool to lay a solid foundation and help you develop a good spiritual beginning by exposing you to the Word of God, the Bible, through pictures, stories, and activities.

Before you begin:

Before you begin this study of *God's Plan for Young Disciples*, it is important that you have trusted Jesus Christ to forgive your sins and you desire to follow Him. To be a disciple of Christ, you must first be a believer in and follower of Christ.

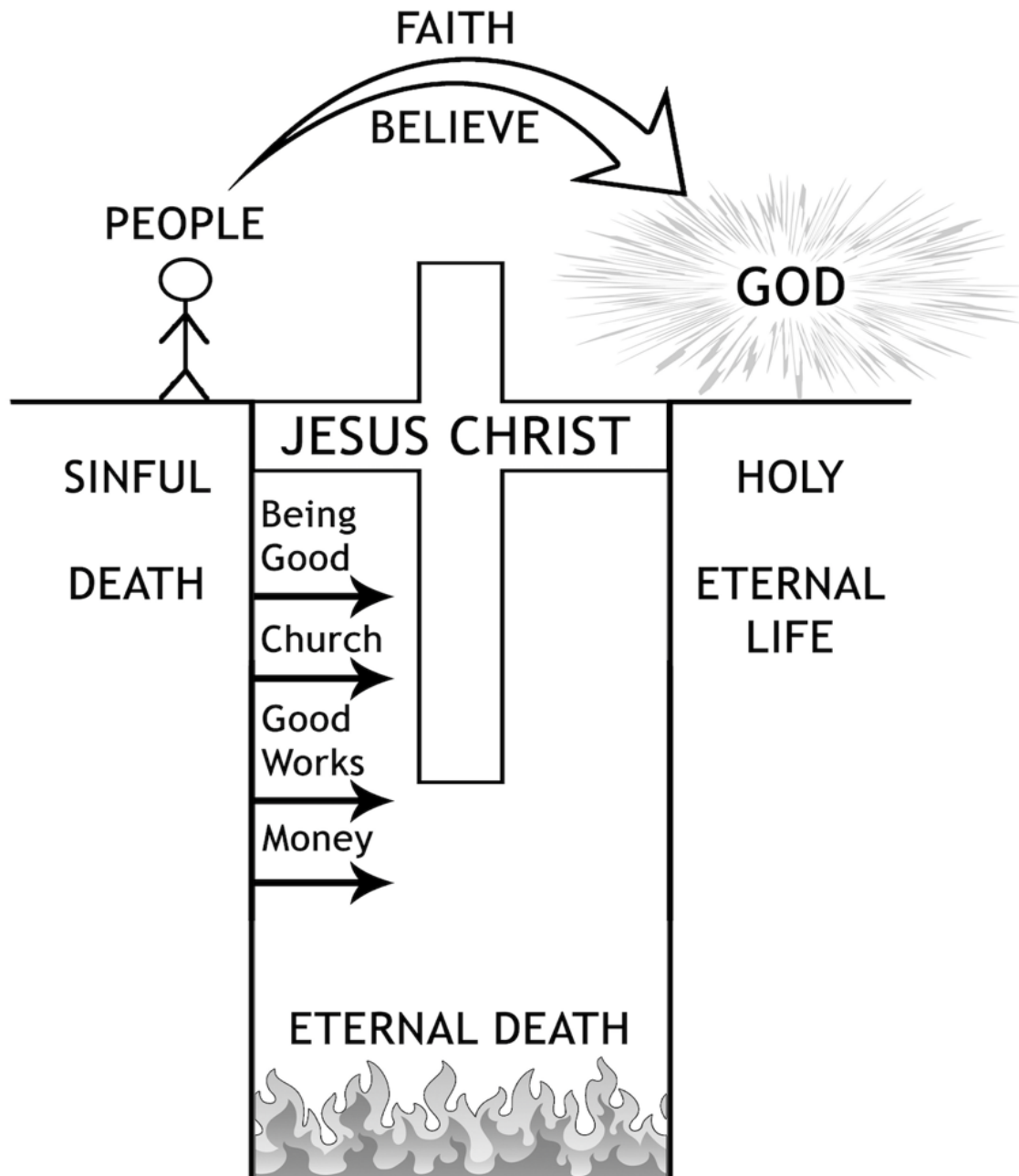
If you have not come to know Jesus personally and accepted Him as the Savior of your sins, or if you are not sure, please read and study the information below entitled **Salvation through Jesus Christ** to help you make this important decision.

You will need to ask your parent, pastor, or teacher to help you with questions you have and to share your decision with them.

SALVATION THROUGH JESUS CHRIST

You are about to begin a study of how to be a good disciple of Jesus Christ. As you go through the lessons and the Scriptures, you will learn much about being a follower of Jesus who is obedient to God. That includes being obedient to His words in the Bible, obedient to those in charge of you in your home, and obedient in helping others in the Household of God to become good disciples.

Before you can be a disciple of Jesus, you need to be sure that you have become one of His followers. The picture below will help you understand how to become a follower of Jesus Christ. (See Page 8 for additional help.)



The picture on the previous page shows you, all of us, on the left without Jesus Christ. You are on one side of a deep pit. God is on the other side. You are separated from God because of your sins. When we disobey God, it is called sin, such as lying, stealing, and not obeying parents. Nothing you do can help you reach God...not being a good person...not going to church...not being baptized...not doing good works...not paying money...absolutely nothing. Only Jesus' death on the cross for you can make a bridge over the deep pit of sin to save you. Through His Spirit, God shows us we are sinners who need to be saved. In order to be saved you must trust in Jesus alone for the forgiveness of your sins. The only person that can get you to God is Jesus Christ.

Agree with God that you are a sinner, that your sins separate you from God, and that the punishment for your sins is eternal death. Romans 3:23: *"All people have sinned and are not good enough for God's glory."* Romans 6:23: *"The payment for sin is death. But God gives us the free gift of life forever in Christ Jesus our Lord."*

Believe that Jesus is God's Son who came to earth and lived a sinless perfect life. John 3:16: *"For God loved the world so much that he gave his only Son. God gave his Son so that whoever believes in him may not be lost, but have eternal life."* God showed His love for us by sending His Son, Jesus, to pay for our sins by dying on the cross. Romans 5:8: *"But Christ died for us while we were still sinners. In this way God shows his great love for us."*

Commit yourself to Jesus Christ. Romans 10:9-10: *"If you declare with your mouth, 'Jesus is Lord,' and if you believe in your heart that God raised Jesus from death, then you will be saved. We believe with our hearts, and so we are made right with God. And we declare with our mouths to say that we believe, and so we are saved."* Trust Jesus alone to save you from your sins. Know that He is the only way you can have your sins forgiven. John 14:6: *"Jesus answered, 'I am the way. And I am the truth and the life. The only way to the Father is through me.'"*

- When you trust in Jesus, God forgives your sins. 1 John 1:9: *"But if we confess our sins, he will forgive our sins. We can trust God. He does what is right. He will make us clean from all the wrongs we have done."*
- God makes you part of His family. 1 John 3:1a: *"The Father has loved us so much! He loved us so much that we are called children of God. And we really are his children."*
- God promises you a home in Heaven with Him forever. John 14:2-3: *"There are many rooms in my Father's house. I would not tell you this if it were not true. I am going there to prepare a place for you. After I go and prepare a place for you, I will come back. Then I will take you to be with me so that you may be where I am."*

You can believe in and trust Jesus at any time, even if you are alone. If you do this, also tell someone you know who is a believer in Christ about what God has done. Good persons to tell include believing parents, a pastor or teacher. You can also ask one of these people to help you if you have questions.

God desires His children to grow and mature in their trust of Him. 2 Peter 3:18a: *"But grow in the grace and knowledge of our Lord and Savior Jesus Christ."* He wants His children to become more like His Son, Jesus Christ. If you are a follower of Jesus Christ, studying this book will help you to become more like Jesus.

Complete the Color the Cross Activity Page below to help you understand more about Salvation through Jesus Christ.

Color the Cross

Instructions:

Color the **Heaven** block yellow or write a 1 in the block.

Color the **Sinful Heart** block a dark color or write a 2 in the block.

Color the **Jesus' Blood** block red or write a 3 in the block.

Color the **Clean Heart** block white or write a 4 in the block.

Color the **Grow in Christ** block green or write a 5 in the block.

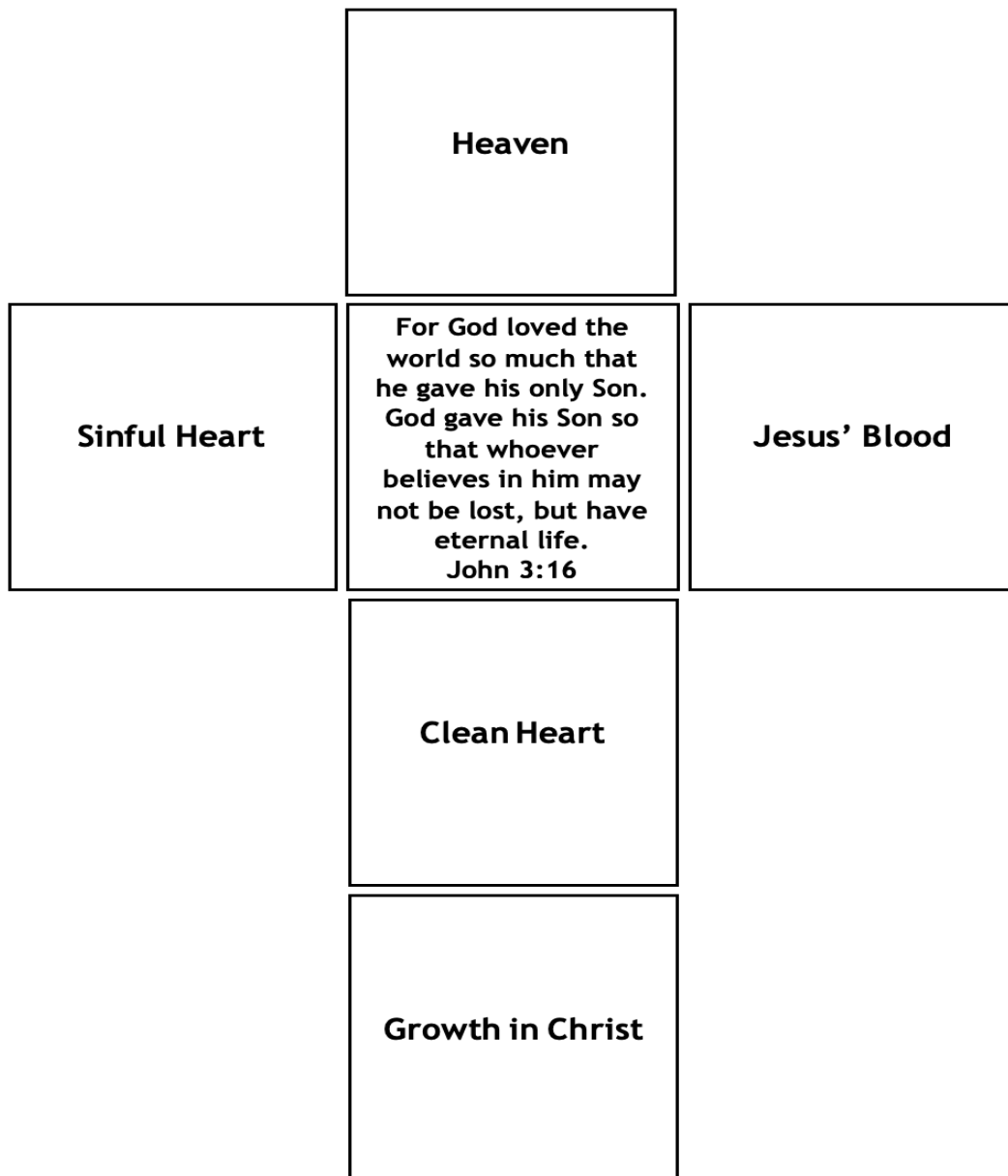


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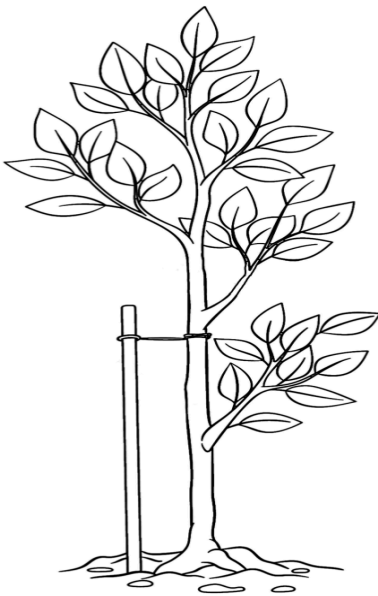
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God's Plan for Young Disciples - Part One



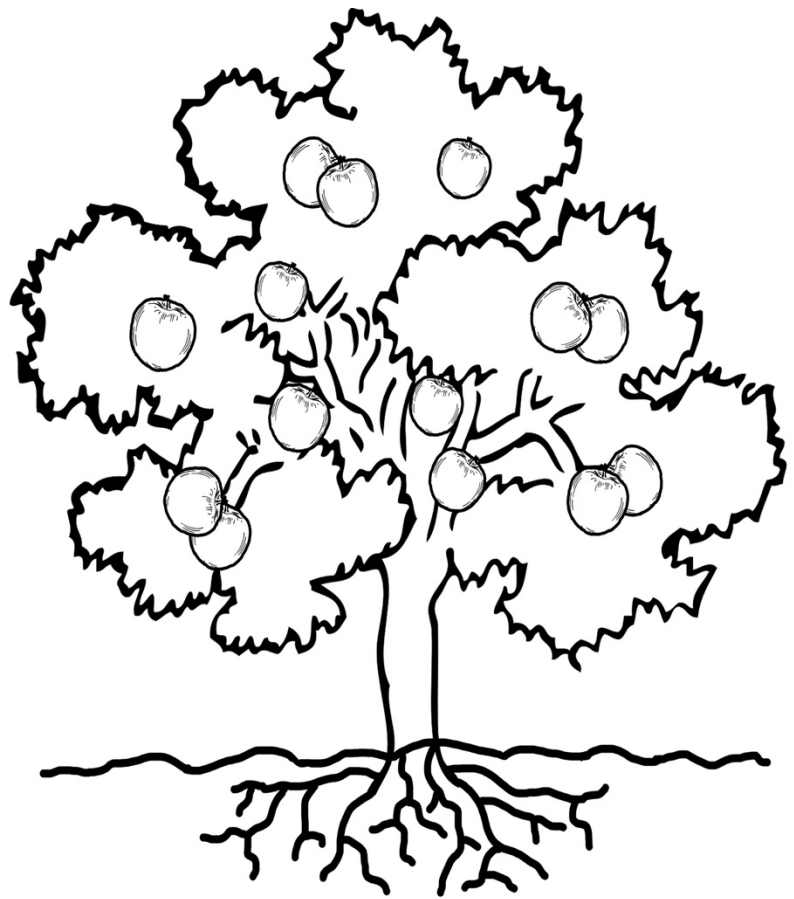
*“But Jesus said,
Let the little children come to me.
Don’t stop them, because the kingdom of heaven
belongs to people who are like these children.”
Matthew 19:14*

Discipleship training helps new believers in Christ to become strong in their faith. This is a discipleship workbook for you to study. Sometimes we “stake up” or steady a new or weak tree to support it while it grows. Our objective in this study is to come alongside you, a new disciple, and “stake you up” with an understanding of your faith. We do this so that you can stand strong on your own and become a mature believer (as shown by the trees in the diagrams below).



New or Weak Tree

Discipleship Training for New Believer



An Established Strong Fruitful Tree

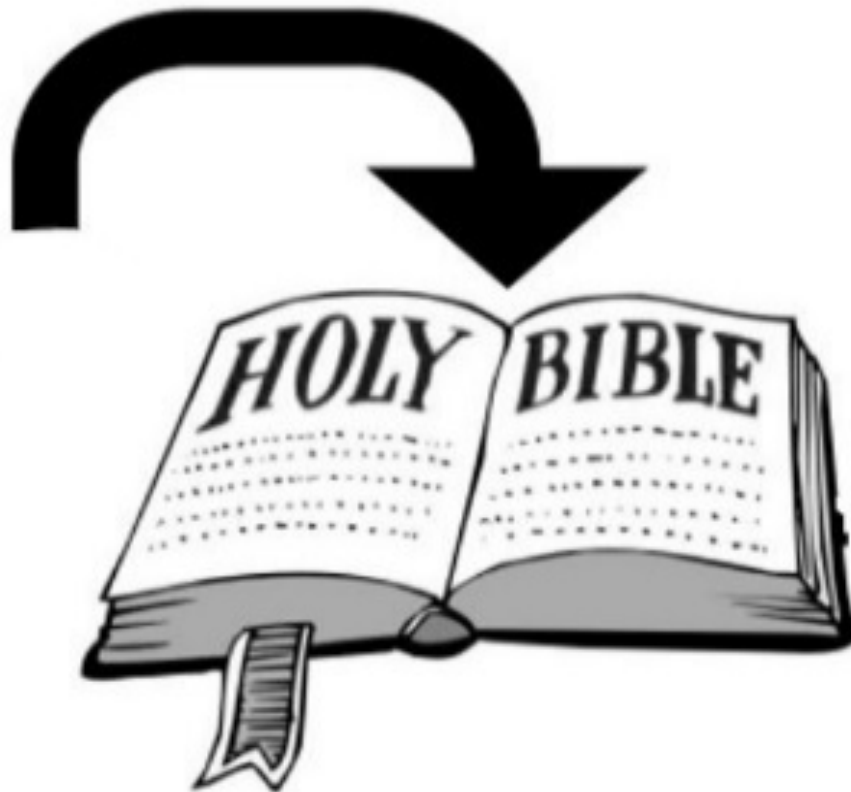
Mature Believer Can Stand Strong

I. DISCIPLES' AUTHORITY AND SUFFICIENCY

Lesson 1

God's Word is True, and I Can Trust It

[The Authority and Sufficiency of the Word]



We should follow and build our lives on the Word of God (Scripture). If you build your life on anything else besides God's Word, it will fail. God's Word is true, trustworthy, and complete. He gave us His Living Word to provide everything we need to live the life God wants us to live.

Memory Verse(s):

2 Timothy 3:16-17

"All Scripture is inspired by God and is useful for teaching and for showing people what is wrong in their lives. It is useful for correcting faults and teaching how to live right. Using the Scriptures, the person who serves God will be ready and will have everything he needs to do every good work."

Read Genesis 1:1-31:

"In the beginning God created the sky and the earth. The earth was empty and had no form. Darkness covered the ocean, and God's Spirit was moving over the water. Then God said, 'Let there be light!' And there was light. God saw that the light was good. So he divided the light from the darkness. God named the light 'day' and the darkness 'night.' Evening passed, and morning came. This was the first day.

Then God said, 'Let there be something to divide the water in two!' So God made the air to divide the water in two. Some of the water was above the air, and some of the water was below it. God named the air 'sky.' Evening passed, and morning came. This was the second day.

Then God said, 'Let the water under the sky be gathered together so the dry land will appear.' And it happened. God named the dry land 'earth.' He named the water that was gathered together 'seas.' God saw that this was good. Then God said, 'Let the earth produce plants. Some plants will make grain for seeds. Others will make fruit with seeds in it. Every seed will produce more of its own kind of plant.' And it happened. The earth produced plants. Some plants had grain for seeds. The trees made fruit with seeds in it. Each seed grew its own kind of plant. God saw that all this was good. Evening passed, and morning came. This was the third day.

Then God said, 'Let there be lights in the sky to separate day from night. These lights will be used for signs, seasons, days and years. They will be in the sky to give light to the earth.' And it happened. So God made the two large lights. He made the brighter light to rule the day. He made the smaller light to rule the night. He also made the stars. God put all these in the sky to shine on the earth. They are to rule over the day and over the night. He put them there to separate the light from the darkness. God saw that all these things were good. Evening passed, and morning came. This was the fourth day.

Then God said, 'Let the water be filled with living things. And let birds fly in the air above the earth.' So God created the large sea animals. He created every living thing that moves in the sea. The sea is filled with these living things. Each one produces more of its own kind. God also made every bird that flies. And each bird produces more of its own kind. God saw that this was good. God blessed them and said, 'Have many young ones and grow in number. Fill the water of the seas, and let the birds grow in number on the earth.' Evening passed, and morning came. This was the fifth day.

Then God said, 'Let the earth be filled with animals. And let each produce more of its own kind. Let there be tame animals and small crawling animals and wild animals. And let each produce more of its kind.' And it happened. So God made the wild animals, the tame animals and all the small crawling animals to produce more of their own kind. God saw that this was good.

Then God said, 'Let us make human beings in our image and likeness. And let them rule over the fish in the sea and the birds in the sky. Let them rule over the tame animals, over all the earth and over all the small crawling animals on the earth.' So God created human beings in his image. In the image of God he created them. He created them male and female. God blessed them and said, 'Have many children and grow in number. Fill

the earth and be its master. Rule over the fish in the sea and over the birds in the sky. Rule over every living thing that moves on the earth.’ God said, ‘Look, I have given you all the plants that have grain for seeds. And I have given you all the trees whose fruits have seeds in them. They will be food for you. I have given all the green plants to all the animals to eat. They will be food for every wild animal, every bird of the air and every small crawling animal.’ And it happened. God looked at everything he had made, and it was very good. Evening passed, and morning came. This was the sixth day.”

Answer these Questions:

- Who does the Bible say created everything? _____
- How did He create it? _____
- How many days did it take to create everything? _____
- What is your favorite animal? _____
- Can you create your favorite animal out of nothing? _____
- Could you make all of the things that God made in six days? _____
- Does God sound like He has great power? _____
- Can you trust a God who can do all of this creation? _____
- Do we need to listen to the words of a God like this? _____

Read John 1:1-4,14:

“Before the world began, there was the Word [Jesus]. The Word was with God, and the Word was God. He was with God in the beginning. All things were made through him. Nothing was made without him. In him there was life. That life was light for the people of the world.”

“The Word became a man and lived among us. We saw his glory—the glory that belongs to the only Son of the Father. The Word was full of grace and truth. From him we all received more and more blessings.”

Answer these Questions:

- When John talks about the Word, who is He talking about? _____
- Who is Jesus? _____
- Was Jesus there and participating when the world was created? _____
- The Word later became _____ and lived _____. What does that mean?

- Who is our Living Word written about in I John 1:1 who provides eternal life for us if we trust Him? _____

1 John 1:1 "We write you now about something that has always existed. We have heard. We have seen with our own eyes. We have watched, and we have touched with our hands. We write to you about the Word that gives life."

Read 2 Timothy 3:16-17:

"All Scripture is inspired by God and is useful for teaching and for showing people what is wrong in their lives. It is useful for correcting faults and teaching how to live right. Using the Scriptures, the person who serves God will be ready and will have everything he needs to do every good work."

Answer these Questions:

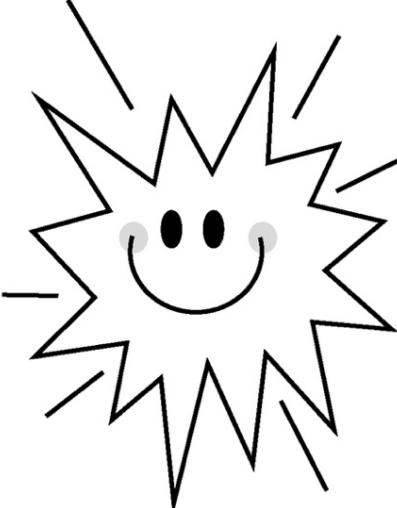
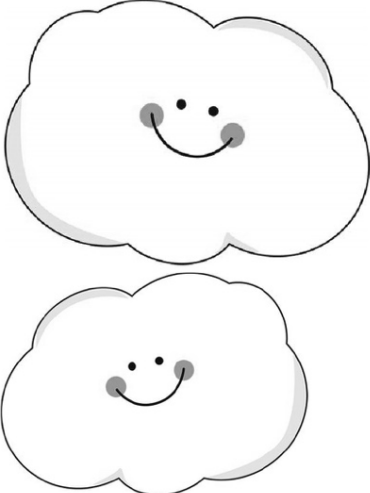

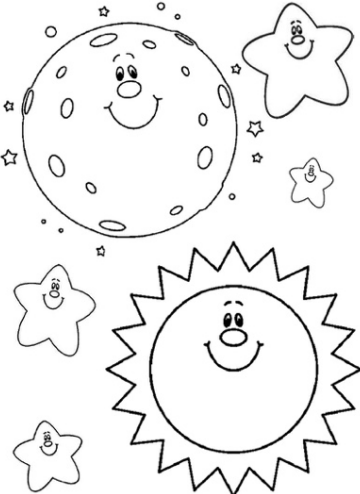


- What is the Bible? _____
- The Bible is written in whose words? _____
- 2 Timothy 3:16-17 tells us four things the Bible does for us. What are the four things the Bible does for us?
 1. _____
 2. _____
 3. _____
 4. _____

Activity 1: Days of Creation Visual/Activity/Coloring Page

Instructions:

- Label the correct Day of Creation and color the pictures.

Days of Creation

<p>Day ____ God made light!</p> 	<p>Day ____ God made the sky!</p> 	<p>Day ____ God made land and sea, plants and trees!</p> 
<p>Day ____ God made the sun, moon and stars!</p> 	<p>Day ____ God made the birds and fish!</p> 	<p>Day ____ God made animals and people!</p> 

Activity 2: Fill in the Blanks Sheet

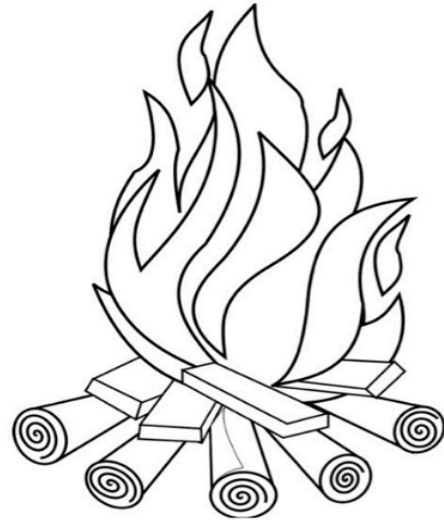
Instructions:

- Read each verse. Fill in the missing words in the blanks.
- You may color the pictures.

What Else Does the Word of God Do?



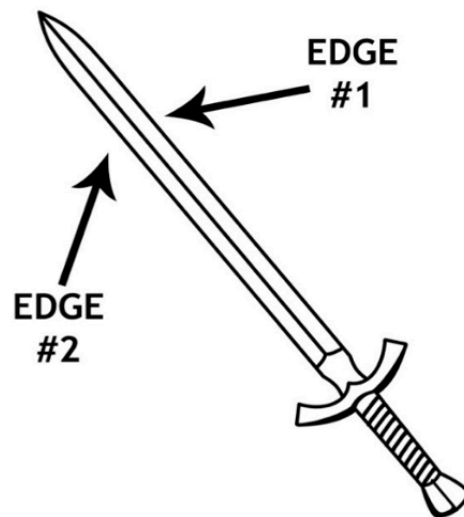
In Psalm 119:105, what is God's Word to your feet: _____



In Jeremiah 23:29, what two things is God's Word like? _____ and _____



In Jeremiah 23:29, what does God's Word do? _____

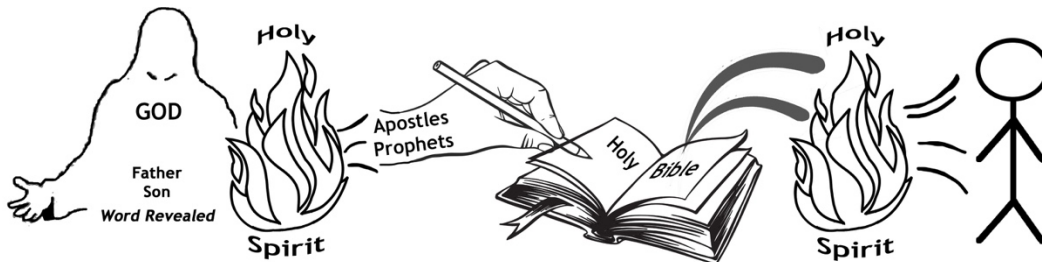


In Hebrews 4:12, God's Word is like a sharp _____, and it "judges the thoughts and feelings in our _____."

Lesson 2

The Holy Spirit Helps Us and Gives Us Power

[The Authority and Sufficiency of the Spirit]



Pentecost marked the coming of the Holy Spirit into the lives of followers of Jesus Christ. God the Father sent His Son, Jesus, as the Word Revealed in human form. When Jesus returned to heaven, He promised to send believers a helper which was The Holy Spirit. God inspired apostles and prophets to write His Holy Word, the Bible. The Holy Spirit gives believers the power to understand and obey God’s Word and live as He wants them to live.

Memory Verse(s):

Galatians 5:16

“So I tell you: Live by following the Spirit. Then you will not do what your sinful selves want.”

Read Acts 1:6-11:

“The apostles were all together. They asked Jesus, ‘Lord, are you at this time going to give the kingdom back to Israel?’ Jesus said to them, ‘The Father is the only One who has the authority to decide dates and times. These things are not for you to know. But the Holy Spirit will come to you. Then you will receive power. You will be my witnesses—in Jerusalem, in all of Judea, in Samaria, and in every part of the world.’

After he said this, as they were watching, he was lifted up. A cloud hid him from their sight. As he was going, they were looking into the sky. Suddenly, two men wearing white clothes stood beside them. They said, ‘Men of Galilee, why are you standing here looking into the sky? You saw Jesus taken away from you into heaven. He will come back in the same way you saw him go.’”

Answer these Questions:

- Where was Jesus going in this story? _____
- Who did Jesus promise He would send in His place after He was gone? _____

- What would the Holy Spirit give to His followers? _____

Read Acts 2:1-4.

“When the day of Pentecost came, they were all together in one place. Suddenly a noise came from heaven. It sounded like a strong wind blowing. This noise filled the whole house where they were sitting. They saw something that looked like flames of fire. The flames were separated and stood over each person there. They were all filled with the Holy Spirit, and they began to speak different languages. The Holy Spirit was giving them the power to speak these languages.”

Answer these Questions:

Think about that special day of Pentecost when Jesus’ disciples received the Holy Spirit. Pretend you are one of the disciples. Tell and write about that day:



- What did you hear?



- What did you see?



- What were you filled with?

Read Galatians 5:16-17, 22-25:

“So I tell you: Live by following the Spirit. Then you will not do what your sinful selves want. Our sinful selves want what is against the Spirit. The Spirit wants what is against our sinful selves. The two are against each other. So you must not do just what you please.”

“But the Spirit gives love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control. There is no law that says these things are wrong. Those who belong to Christ Jesus have crucified their own sinful selves. They have given up their old selfish feelings and the evil things they wanted to do. We get our new life from the Spirit. So we should follow the Spirit.”

Answer these Questions:

- What does the Holy Spirit help you not to do? _____
- What nine good things does the Holy Spirit give to believers? _____

- Galatians 5:25: *“We get our new life from the Spirit. So we should follow the Spirit.”*
From where do we get new life? _____ We should follow _____ .

Activity 1: Visual Aid/Coloring Page

You may color this page.

Ascension Visual Aid

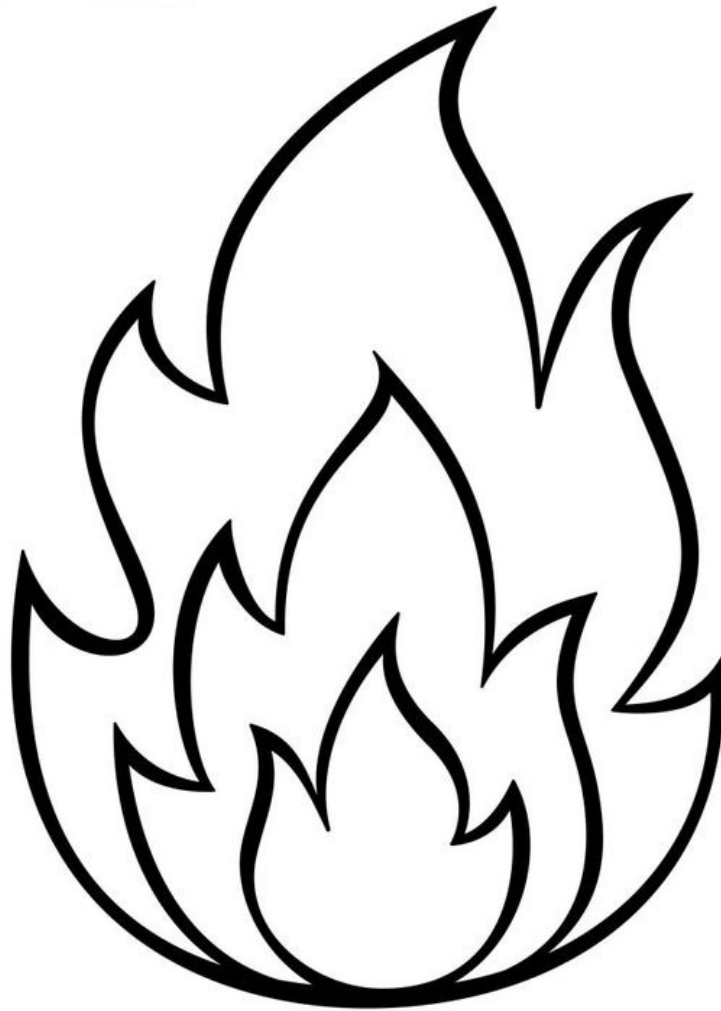


Pentecost Visual Aid



Activity 2: Headband Craft

Pentecost Headband Craft



Instructions: [Your mentor can help you.]

- You will make a headband using the template of a flame above.
- Color and cut out the flame.
- To make the band, cut two strips of construction paper (approximately 1” width, 12” length each). Tape the ends of the strips together to make one circular band. Fit it to the child’s head before taping. Attach the flame to the front of the headband.

Activity 3: Fill in the Blanks

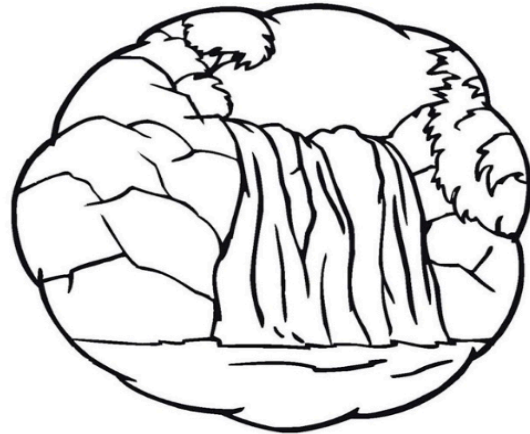
Instructions:

- Read each verse. Fill in the missing words in the blanks or answer the questions.
- You may color the pictures.

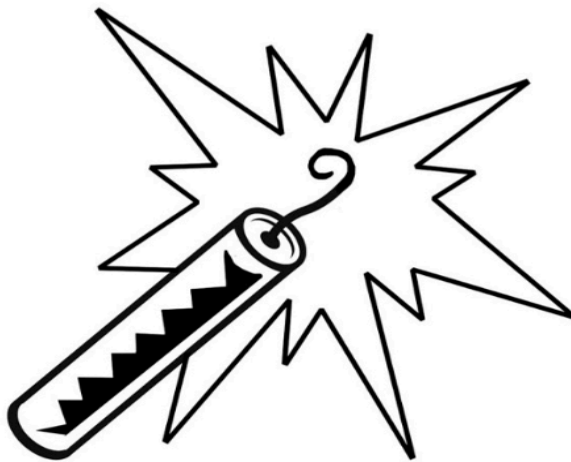
What Else Does the Holy Spirit Do?



In John 1:32-33, to what did John compare the Holy Spirit? _____
What does this mean? _____



In John 7:37-39, "If a person _____ in me, rivers of living _____ will flow out from his heart." Jesus was talking about _____.



For Acts 1:8, explain the picture and power the Holy Spirit gives to believers



In Galatians 5:22-23, what does the Holy Spirit help believers to have in their lives? _____,
_____, _____, _____,
_____, _____, _____, _____

II. DISCIPLES' OBEDIENCE, MEMBERSHIP AND MEMORIAL

Lesson 3

God Wants Us to Be Baptized Like Jesus Was

[Water Baptism]



Death



Burial



Resurrection



When a believer follows Jesus' example in water baptism, it is an outward symbol that the believer has participated in the death, burial and resurrection of Christ. Jesus was baptized, and God wants believers to be baptized also in remembrance of what Jesus and the Holy Spirit did for them. Baptism does not save people from their sins. Only trusting Christ to forgive their sins saves them.

Memory Verse(s):

Romans 6:4

"So when we were baptized, we were buried with Christ and shared his death. We were buried with him so that we could live a new life, just as Christ was raised from death by the wonderful power of the Father."

Read Matthew 3:13-17:

"At that time Jesus came from Galilee to the Jordan River. He came to John and wanted John to baptize him. But John tried to stop him. John said, 'Why do you come to me to be baptized? I should be baptized by you!' Jesus answered, 'Let it be this way for now. We should do all things that are right.' So John agreed to baptize Jesus. Jesus was baptized and came up out of the water. Heaven opened, and he saw God's Spirit coming down on him like a dove. And a voice spoke from heaven. The voice said, 'This is my Son and I love him. I am very pleased with him.'"

Answer these Questions:

- What did Jesus want John to do for Him? _____
- Why did Jesus say He wanted to be baptized? _____
- How did John baptize Jesus? _____
- What did God say after Jesus was baptized? _____

Read Romans 6:3-11:

“Did you forget that all of us became part of Christ when we were baptized? We shared his death in our baptism. So when we were baptized, we were buried with Christ and shared his death. We were buried with him so that we could live a new life, just as Christ was raised from death by the wonderful power of the Father.

Christ died, and we have been joined with Christ by dying too. So we will also be joined with him by rising from death as he did. We know that our old life died with Christ on the cross. This was so that our sinful selves would have no power over us, and we would not be slaves to sin. Anyone who has died is made free from sin’s control.

If we died with Christ, we know that we will also live with him. Christ was raised from death. And we know that he cannot die again. Death has no power over him now. Yes, when Christ died, he died to defeat the power of sin one time—enough for all time. He now has a new life, and his new life is with God. In the same way, you should see yourselves as being dead to the power of sin and alive with God through Christ Jesus.”

Answer these Questions:

- Does water baptism save us from our sins? _____
Why not? _____
What does save us? _____
- Water baptism shows our becoming _____ in Christ.
- Why should believers be baptized like Jesus was? _____

Activity 1: Visual /Coloring Page

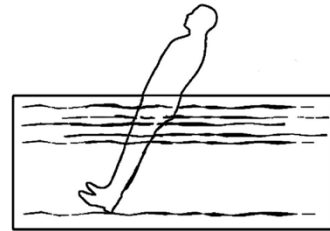
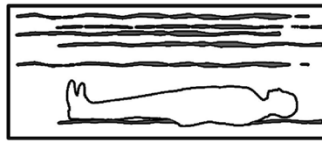
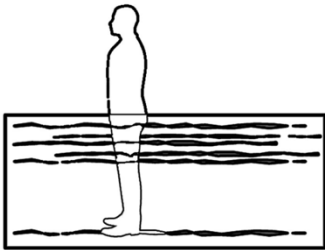
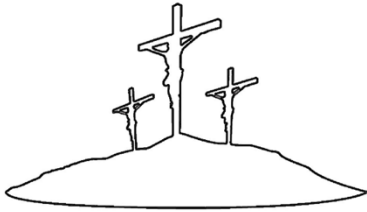
You may color this page.

The Baptism of Jesus



Activity 2: Fill in the Blanks

Death, Burial and Resurrection



In this lesson you learned that:

- Our repentance of sin symbolizes (stands for) Jesus' death on the cross.
- Our going under the water symbolizes Jesus' burial.
- Our coming up from the water symbolizes Jesus' resurrection (coming alive again).

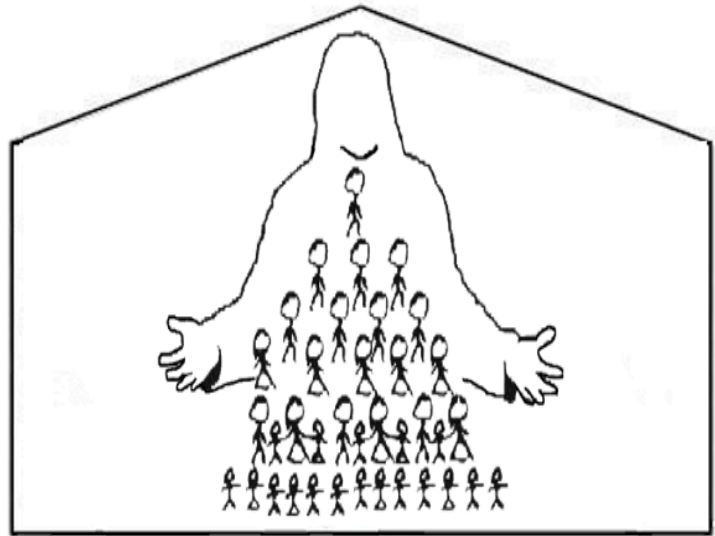
Instructions:

- Place the number of the statement that matches each picture on the line under its picture.
 1. Our repentance of sin
 2. Jesus' death on the cross
 3. Our going under the water
 4. Jesus' burial
 5. Our coming up from the water
 6. Jesus' resurrection (coming alive again)

Lesson 4

Believers Are in the Body of Christ

[Members of One Another]



When we trust Christ to forgive our sins and receive the Holy Spirit to help us, we also get another wonderful gift. **We become part of the Body of Christ which is also called the family of God, the Household of God, or the Church.** This group is made up of all of those who are followers of Christ around the world. We are not alone. We are now part of God's family of believers.

Memory Verse(s):

1 Corinthians 12:12

"A person's body is one thing, but it has many parts. Yes, there are many parts to a body, but all those parts make only one body. Christ is like that too."

Read 1 Corinthians 12:12-27:

“A person’s body is one thing, but it has many parts. Yes, there are many parts to a body, but all those parts make only one body. Christ is like that too. Some of us are Jews, and some of us are Greeks. Some of us are slaves, and some of us are free. But we were all baptized into one body through one Spirit. And we were all made to share in the one Spirit.

And a person’s body has more than one part. It has many parts. The foot might say, ‘I am not a hand. So I am not part of the body.’ But saying this would not stop the foot from being a part of the body. The ear might say, ‘I am not an eye. So I am not part of the body.’ But saying this would not make the ear stop being a part of the body. If the whole body were an eye, the body would not be able to hear. If the whole body were an ear, the body would not be able to smell anything. If each part of the body were the same part, there would be no body. But truly God put the parts in the body as he wanted them. He made a place for each one of them. And so there are many parts, but only one body.

The eye cannot say to the hand, ‘I don’t need you!’ And the head cannot say to the foot, ‘I don’t need you!’ No! Those parts of the body that seem to be weaker are really very important. And the parts of the body that we think are not worth much are the parts that we give the most care to. And we give special care to the parts of the body that we want to hide. The more beautiful parts of our body need no special care. But God put the body together and gave more honor to the parts that need it. God did this so that our body would not be divided. God wanted the different parts to care the same for each other. If one part of the body suffers, then all the other parts suffer with it. Or if one part of our body is honored, then all the other parts share its honor.

All of you together are the body of Christ. Each one of you is a part of that body.”

Answer these Questions:

- Believers must care for each other and think of others before _____ .
- If you hit your thumb with a hammer, what does your other hand do that makes your thumb feel better? (Act out by wrapping the other hand around the hurt thumb. Have children respond in their own words.) _____
- In the same way, if one person in the body suffers, all the members should _____ . If one member is honored, all the other members should be _____ for that person.

Activity 1: Visual/Coloring Page

You may color this page.

The Body of Christ
One Body/Many Members



1 Corinthians 12:12

“A person’s body is one thing, but it has many parts.

Yes, there are many parts to a body, but all those parts make only one body. Christ is like that too.”

Activity 2: The Body of Christ Worksheet

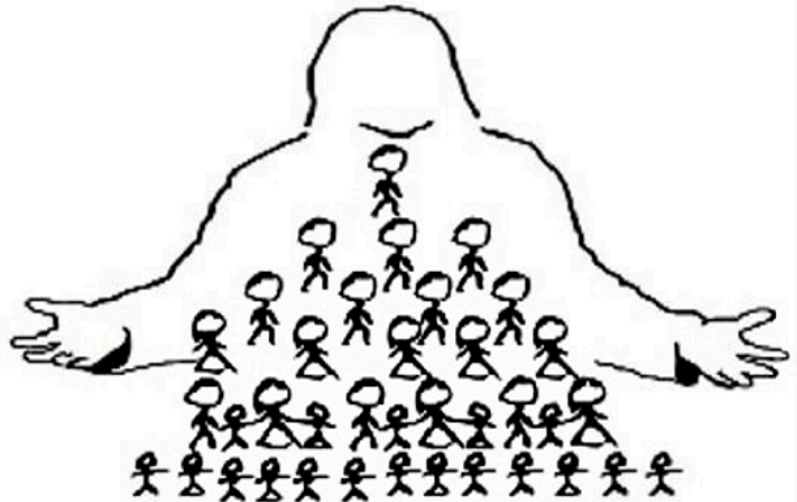
Instructions:

- Read the verses under each picture.
- Answer the questions for each passage.

The Body of Christ Worksheet



Read Ephesians 2:12-19



Read 1 Corinthians 12:12-14; 27

1. Write in your own words what you learned about the lost ones outside of the Body of Christ from Ephesians 2:12-19.

2. Write in your own words what you learned about the Body of Christ from 1 Corinthians 12:12-14, 27.

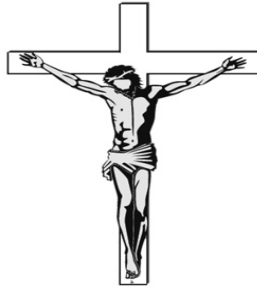
Lesson 5

Jesus Wants Us to Take the Lord's Supper

[Lord's Supper]



The Passover Lamb



New Covenant



Resurrection



Bread



Wine



Until He Returns

The last evening Jesus spent with His disciples, He served them a special meal. It is called the Lord's Supper. He gave His disciples bread and wine to remember his body and blood he was about to sacrifice when he died for our sins. We who are followers of Christ are to take part in the Lord's Supper to remember and proclaim what Jesus did for us on the cross until His return. He is our Passover Lamb. He shed His blood on the cross, died and arose to give us a New Covenant, or new promise from God, that we will be made new creations in Him.

Memory Verse(s):

Luke 22:19 - "Then Jesus took some bread. He thanked God for it, broke it, and gave it to the apostles. Then Jesus said, 'This bread is my body that I am giving for you. Do this to remember me.'"

Read Exodus 12:21-30:

"Then Moses called all the elders of Israel together. He told them, 'Get the animals for your families. Kill the animals for the Passover. Take a branch of the hyssop plant and dip it into the bowl filled with blood. Wipe the blood on the sides and tops of the doorframes. No one may leave his house until morning. The Lord will go through Egypt to kill the Egyptians. He will see the blood on the sides and tops of the doorframes. Then the Lord will pass over that house. He will not let the one who brings death come into your houses and kill you."

You must keep this command. This law is for you and your descendants from now on. Do this when you go to the land the Lord has promised to give to you. When your children ask you, 'Why are we doing these things?' you will say, 'This is the Passover sacrifice to honor the Lord. When we were in Egypt, the Lord passed over the houses of Israel. The Lord killed the

Egyptians, but he saved our homes.’” So now the people bowed down and worshiped the Lord. They did just as the Lord commanded Moses and Aaron.

At midnight the Lord killed all the firstborn sons in the land of Egypt. The firstborn of the king, who sat on the throne, died. Even the firstborn of the prisoner in jail died. Also all the firstborn farm animals died. The king, his officers and all the Egyptians got up during the night. Someone had died in every house. So there was loud crying everywhere in Egypt.”

Answer these Questions:

- Why did Moses tell the Israelites to put lamb’s blood around the doorposts of their homes? That seemed like a strange thing to do. _____

- What happened to the Egyptians who did not have the blood around their doors?

- What happened to the Israelite families who did put the blood around their doors?

Read Matthew 26:26-28:

“While they were eating, Jesus took some bread. He thanked God for it and broke it. Then he gave it to his followers and said, ‘Take this bread and eat it. This bread is my body.’ Then Jesus took a cup. He thanked God for it and gave it to the followers. He said, ‘Every one of you drink this. This is my blood which begins the new agreement that God makes with his people. This blood is poured out for many to forgive their sins.’”

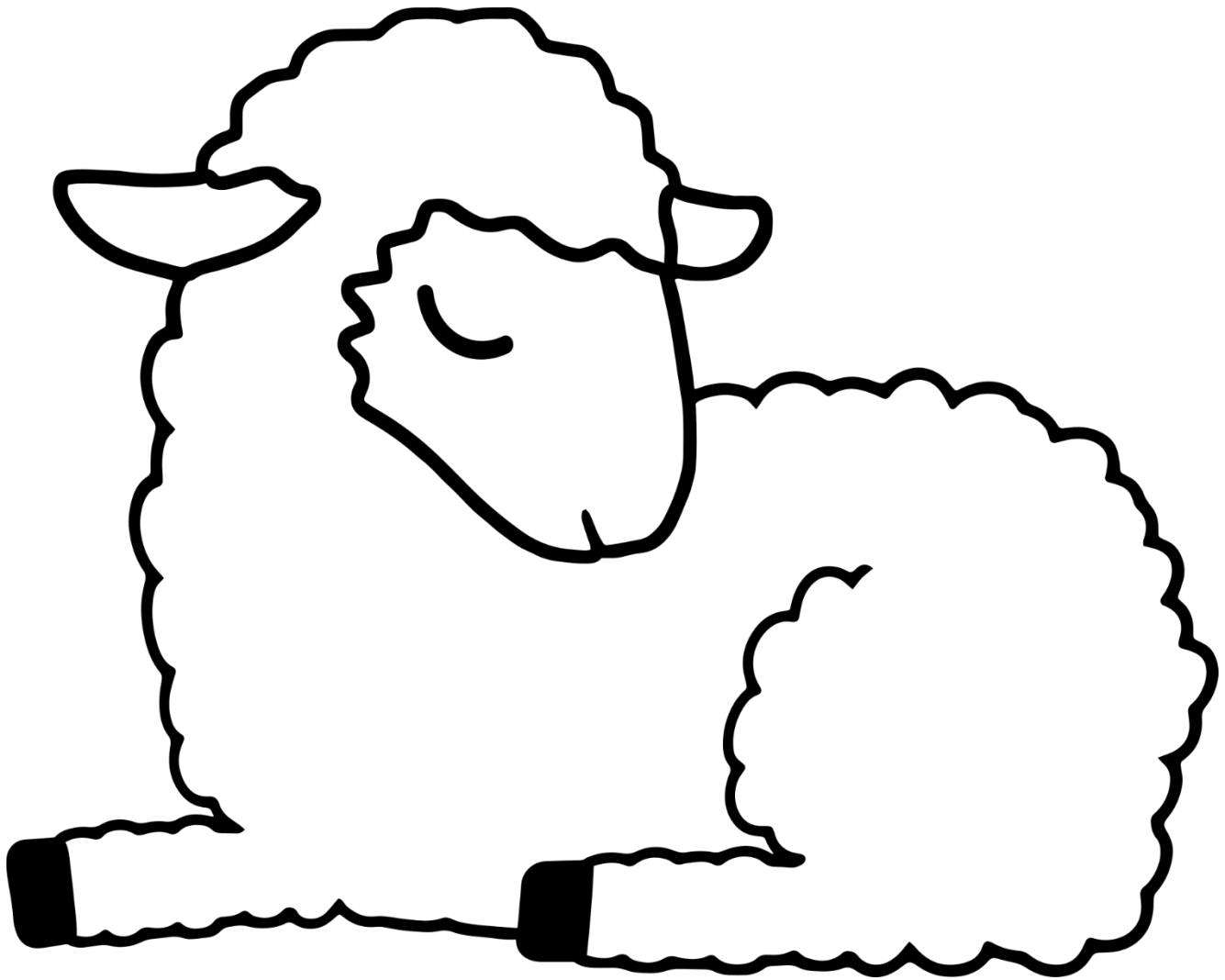
Answer these Questions:

- What did Jesus say the bread represents (stands for)? _____
- What did Jesus say the cup represents (stands for)? _____
- Read Luke 22:19. Why did Jesus tell believers to take the Lord’s Supper?
“Then Jesus took some bread. He thanked God for it, broke it, and gave it to the apostles. Then Jesus said, ‘This bread is my body that I am giving for you. Do this to remember me.’” _____
- Taking the Lord’s Supper helps us to remember that Jesus is our Passover Lamb who died in our place. The Lord’s Supper does not save us, just as baptism does not saves us. What saves us? _____
- God wants us to continue taking the Lord’s Supper as believers so we will not _____

Activity 1: Visual/Coloring Page

You may color this page.

Jesus, Our Passover Lamb



*“Look, the Lamb of God. He takes away the sins of the world!”
John 1:29b*

Activity 2: Fill in the Blanks: The Lord's Supper

Instructions:

- Read the verses for the pictures. Fill in the blanks for each passage.

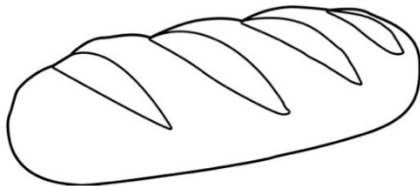
The Lord's Supper



Exodus 12:23: “[The Lord] will see the blood on the sides and tops of the door frames.” Then the Lord will _____.



1 Corinthians 5:7b: “For Christ, our _____ was killed to cleanse us.”



1 Corinthians 11:23-24: “On the night when Jesus was handed over to be killed, he took bread and gave thanks for it. Then he broke the bread and said, ‘This is my _____.’”



1 Corinthians 11:25b: “Jesus took the cup. He said, ‘This cup shows the new agreement begins with the _____ of My death.’”



1 Corinthians 11:23-25: “Jesus gave His disciples the bread and the cup to eat and drink and told them to ‘Do this in _____.’”

III. DISCIPLES ESTABLISHED IN BIBLE STUDY

Lesson 6

How to Study the Bible



We learned that God gave us His words in the Bible to help us live for Him. In order to do that, we must know how to study the Bible to learn what God wants us to do. There are four important steps we can use to study passages in the Bible. These steps are: Observation, Meditation, Discussion and Application.

Memory Verse(s):

John 14:26 - *“But the Helper will teach you everything. He will cause you to remember all the things I told you. This Helper is the Holy Spirit whom the Father will send in my name.”*

Read Acts 8:26-38:

“An angel of the Lord spoke to Philip. The angel said, ‘Get ready and go south. Go to the road that leads down to Gaza from Jerusalem—the desert road.’ So Philip got ready and went. On the road he saw a man from Ethiopia, a eunuch. He was an important officer in the service of Candace, the queen of the Ethiopians. He was responsible for taking care of all her money. He had gone to Jerusalem to worship, and now he was on his way home. He was sitting in his chariot and reading from the book of Isaiah, the prophet. The Spirit said to Philip, ‘Go to that chariot and stay near it.’

So Philip ran toward the chariot. He heard the man reading from Isaiah, the prophet. Philip asked, ‘Do you understand what you are reading?’ He answered, ‘How can I understand? I need someone to explain it to me!’ Then he invited Philip to climb in and sit with him. The verse of Scripture that he was reading was this:

‘He was like a sheep being led to be killed. He was quiet, as a sheep is quiet while its wool is being cut. He said nothing. He was shamed and was treated unfairly. He died without children to continue his family. His life on earth has ended.’

The officer said to Philip, ‘Please tell me, who the prophet is talking about? Is he talking about himself or about someone else?’ Philip began to speak. He started with this same Scripture and told the man the Good News about Jesus.

While they were traveling down the road, they came to some water. The officer said, 'Look! Here is water! What is stopping me from being baptized?' Philip answered, 'If you believe with all your heart, you can.' The officer said, 'I believe that Jesus Christ is the Son of God.' Then the officer commanded the chariot to stop. Both Philip and the officer went down into the water, and Philip baptized him."

Answer these Questions:

- When Philip found the Ethiopian man, what was the man doing? _____

- Did the man understand what he was reading? _____
- Whom did the man ask to help him understand what he read? _____
- What did Philip tell the man? _____
- What did the man do after he heard the Good News? _____

Studying the Bible:

- What a wonderful story of sharing the Good News (the Gospel of Jesus Christ) and helping another person become a believer in Christ.
- This story also shows us **four important instructions about how to study the Bible** that you can use when you study your Bible. We will practice using them in Lesson 7 of the workbook.

The Four Steps of Bible Study are:

1. "**Look at it**" (Observation)--What does it say?
(verse 28--"now he [Ethiopian man] was on his way home. He was sitting in his chariot and reading from the book of Isaiah, the prophet.")
Read the passage several times. Ask yourself: What is happening? Who is involved? Where and when is this taking place? Etc.

2. "**Think about it**" (Meditation)--What does it mean?
(verse 30-- "So Philip ran toward the chariot. He heard the man reading from Isaiah, the prophet. Philip asked, 'Do you understand what you are reading?'"")
Ask yourself: What does God want me to know about this passage?

3. **“Talk about it” (Discussion)—What do others say?**

(verses 31-35— “He [Ethiopian man] answered, ‘How can I understand? I need someone to explain it to me!’ Then he invited Philip to climb in and sit with him. The verse of Scripture that he was reading was this: ‘He was like a sheep being led to be killed. He was quiet, as a sheep is quiet while its wool is being cut. He said nothing. He was shamed and was treated unfairly. He died without children to continue his family. His life on earth has ended.’ The officer said to Philip, ‘Please tell me, who is the prophet talking about? Is he talking about himself or about someone else?’ Philip began to speak. He started with this same Scripture and told the man the Good News about Jesus.”)

Talk about the passage with other trusted believers.

4. **“Do it!” (Application)—How can I apply it to my life?**

(verses 36-38— “While they were traveling down the road, they came to some water. The officer said, ‘Look! Here is water! What is stopping me from being baptized?’ Philip answered, ‘If you believe with all your heart, you can.’ The officer said, ‘I believe that Jesus Christ is the Son of God.’ Then the officer commanded the chariot to stop. Both Philip and the officer went down into the water, and Philip baptized him.”)

Make changes in your life according to what the passage says.

- Remember the Four Steps Motion Activity
 - These hand motions can help you remember each of the four Bible study steps:
 1. “Look at it” (point to eyes); 2. “Think about it” (point to head); 3. “Talk about it” (point to mouth); 4. “Do it!” (extend hands out).
 - Practice reciting the steps using the motions.

Activity 1: Visual/Coloring Page

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Philip and the Ethiopian Man



Acts 8:30-31

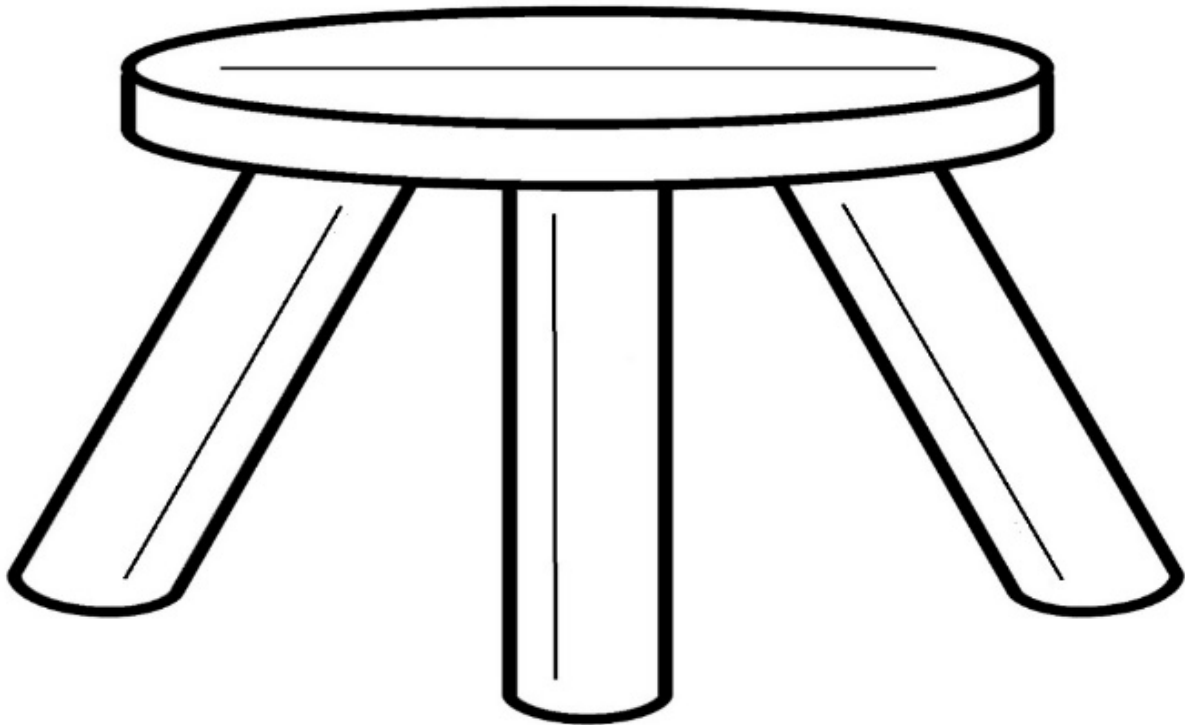
*“So Philip ran toward the chariot.
He heard the man reading from Isaiah, the prophet.
Philip asked, ‘Do you understand what you are reading?’
He answered, ‘How can I understand? I need someone to explain it to me!’ Then he
invited Philip to climb in and sit with him.”*

Activity 2: Four Steps for How to Study the Bible

Instructions:

- Review the 4 Steps of Bible Study.
- Write each of the 4 steps of Bible Study into the blank spaces on the stool.
- Color each part of the stool according to the directions below. (Optional)

Four Steps for How to Study the Bible Write the Words on the Stool



Leg #1 is **Observation (Look at it)**—Write Observation on a leg and color that leg Blue.

Leg #2 is **Meditation (Think about it)**—Write Meditation on a leg and color that leg Red.

Leg # 3 is **Discussion (Talk about it)**—Write Discussion on a leg and color that leg Green.

The Seat is **Application (Do it)**—Write Application on the seat and color the seat Yellow.

Activity 3: Study the Bible Steps

Instructions:

- Read each verse(s) below the pictures. Fill in the blanks after the questions.
- You may color the pictures.

Study the Bible Steps from Acts 8



Acts 8:28 - Look At It: The Ethiopian man was looking at what? _____



Acts 8:30-31 - Think About It: What did the Ethiopian man need? _____



Acts 8:26-29 - Talk About It: If you can, talk with someone else about this story. Write down an idea that they had. _____



Acts 8:36-37 - Do It! The Ethiopian man believed and wanted to be baptized right away. How can you apply these verses and this story to your life now? _____

Lesson 7

Practicing How to Study the Bible

We need the Bible to know how to obey God in our daily lives. We need to know how to read and study the Bible so that God can speak to us through His words.

Memory Verse(s):

Mark 1:35

“Early the next morning, Jesus woke and left the house while it was still dark. He went to a place to be alone and pray.”

Read Mark 1:35:

“Early the next morning, Jesus woke and left the house while it was still dark. He went to a place to be alone and pray.”

Answer these Questions:

- Use the Four Steps of Bible Study to study Mark 1:35 (Memory Verse). Fill in the blanks below with your answers. Your mentor can assist you.

FOUR STEPS OF BIBLE STUDY

1 - “LOOK AT IT” (OBSERVATION) - What does it say?

- Read what the Bible says and pray the Holy Spirit will help you to see what God is saying as you read.
- **Observation:** Read Mark 1:35 and see what is happening, who is involved, where it is happening and when it is happening. Now, write your answers about what you have seen below:

2 - “THINK ABOUT IT” (MEDITATION) - What does this passage in the Bible mean?

- Think about what this part of the Bible means and pray the Holy Spirit will help you understand it. (Remember, if you are doing this with others, step 2 and step 3 will go together.)

- **Meditation:** Based on what you read (your observations) from Mark 1:35, what do you think the author wanted readers to know? Why is this passage written in God’s Word? Now, write what you think about these questions below:

3 - “TALK ABOUT IT” (DISCUSSION) - What do others say?

- Find out what others think and say about the passage and pray the Holy Spirit will help you learn from others. (Remember, if this is your personal study, you might not use step 3.)
- **Discussion:** Compare what you learned from Mark 1:35 with your life experience and that of others today. What is the same or different from your understanding and theirs? What is the same or different from your actions and those of Jesus? Write the answers to these questions below:

4 - “DO IT!” (APPLICATION) - How can I apply it to my life?

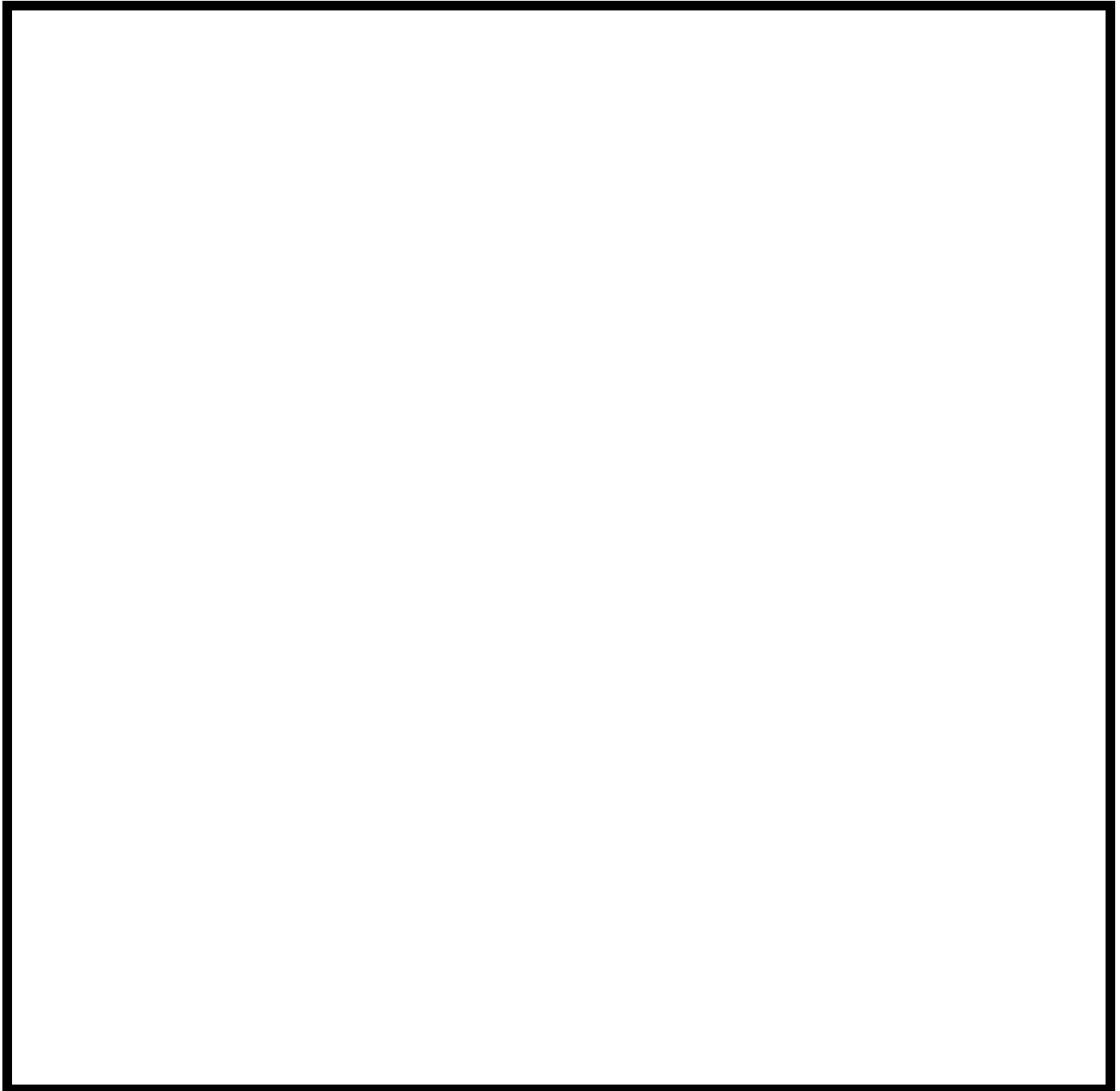
- Decide how you can use the ideas in this passage in your life and pray the Holy Spirit will help you do this.
- **Application:** God’s Word can show us how to live every day to be more like Christ. God uses the Holy Spirit to help us understand His Word and apply it to our lives. How can you use what you learned from Mark 1:35 to help you be more like Christ? What changes do you need to make in your life? Now, write your answers to these questions below:

Activity 1: Draw Yourself Studying Your Bible/Coloring Page

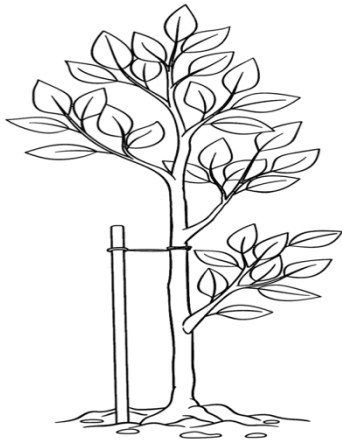
Instructions: [Your mentor may help you with this activity.]

- Jesus wants us to spend time studying God's Word and learning how to live as a follower of Jesus Christ.
- Draw a picture of yourself studying your Bible, and color your picture.

Draw Yourself Studying Your Bible

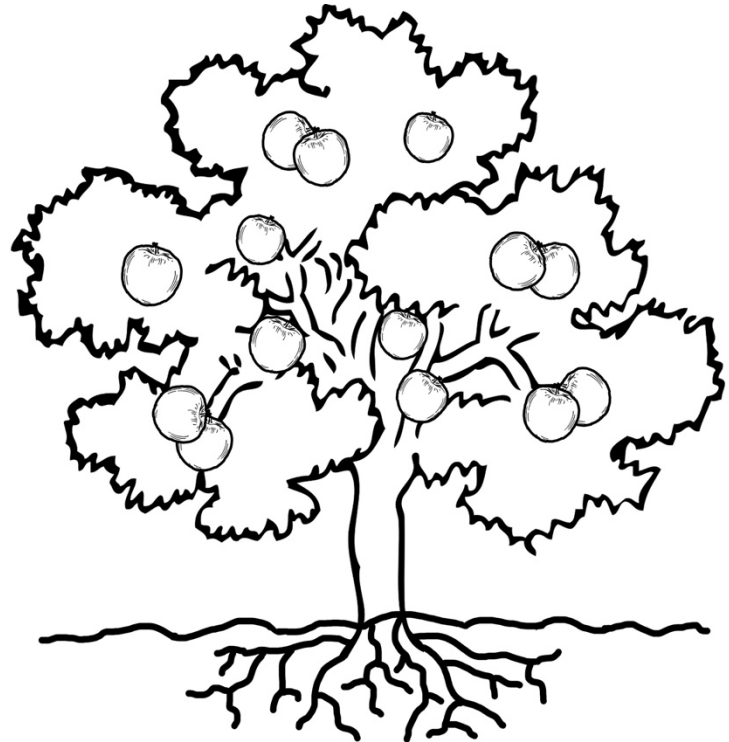


God's Plan for Young Disciples - Part Two



A New or Weak Tree

Discipleship Training for New Believer



An Established Strong Fruitful Tree

Mature Believer Can Stand Strong

The Apostle Paul wrote 13 letters to young churches. These letters are now part of the New Testament in the Bible. He wrote these letters to help believers in these churches, members of the Household of God, to be strong in their faith, strong in God's Word, and strong enough to stand against false teachers.

Paul wrote letters throughout his ministry for the Church. They are known as his Early, Middle, and Latter Letters. These were written in that order for different purposes:

- The Early Letters are used to establish and defend the Gospel of Pure Grace.
Galatians, 1 & 2 Thessalonians, 1 & 2 Corinthians, Romans
- The Middle Letters are used for churches to be single-minded in the Purpose and Eternal Plan of God.
Ephesians, Philippians, Colossians, Philemon
- The Latter Letters are used to put in proper order the Household of God.
1 Timothy, Titus, 2 Timothy

The Bible calls Paul “an expert builder” (1 Corinthians 3:10). His letters are like tools a builder would use to build a house. Paul’s tools are meant to “build up” or strengthen new believers in the Household of God. They are useful for building disciples for Christ.

For example, Paul’s Early Letter to the Galatians might be a saw. Ephesians, a Middle Letter, might be a hammer. Latter Letters, 1 & 2 Timothy, might be a square.



Each of these letters (or New Testament books) has a purpose to build up the foundation for the family and Household of God. As a young believer, you are a member of the family or Household of God.

Just as a carpenter must know how to use his tools to build a strong house, so a young disciple must learn to use the tools of God’s words to grow strong and established in the faith and help others to grow also.

Galatians is one of Paul’s **Early Letters**. It is a biblical tool to help teach disciples the Gospel of Pure Grace in Jesus Christ (see Chapter 8). **Ephesians** is one of Paul’s **Middle Letters**. It is a tool to help teach disciples the Purpose and Plan of God (see Chapter 9). **1 Timothy** is one of the **Latter Letters**. It will help teach disciples the Proper Order of the Household of God (see Chapter 10).

The remaining chapters in this workbook provide more information and resources to help young disciples mature in the Lord and become fruitful witnesses to others for Him.

IV. Disciples Established in the Gospel of Pure Grace

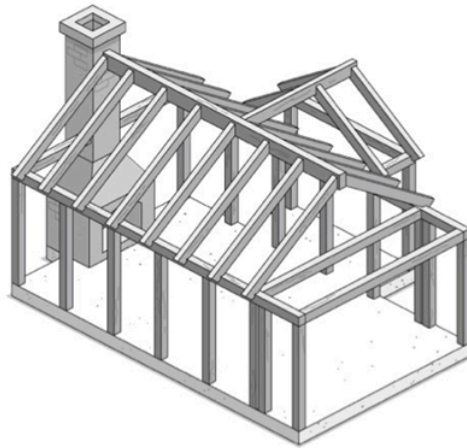
Lesson 8

God Saves Us by His Grace Alone

[Disciples Established in the Gospel of Pure Grace]

Household of God

Galatians
Teaches the
Gospel of Pure Grace
[Early Letter]



We are given our salvation and freedom in Christ by God's grace alone through faith. We are saved by trusting in Jesus Christ alone to forgive our sins and not by doing good works, keeping the law, or any other things. We join the Household of God by God's Pure Grace alone. We must also live by grace every day and not by works or by following the law. We must ask the Holy Spirit to help us live for Jesus Christ by the grace we have been given.

Memory Verse(s):

Galatians 4:4-5

"But when the right time came, God sent his Son. His Son was born of a woman and lived under the law. God did this so that he could buy freedom for those who were under the law. His purpose was to make us his children."

Read Galatians 3:1-5 (The Gospel of Pure Grace):

"You people in Galatia were told very clearly about the death of Jesus Christ on the cross. But you were very foolish. You let someone trick you. Tell me this one thing: How did you receive the Holy Spirit? Did you receive the Spirit by following the law? No! You received the Spirit because you heard the Good News and believed it. You began your life in Christ by the Spirit. Now, do you try to continue it by your own power? That is foolish. You have experienced many things. Were all those experiences wasted? I hope not! Does God give you the Spirit because you follow the law? No! Does God work miracles among you because you follow the law? No! God gives you his Spirit and works miracles among you because you heard the Good News and believed it."

Answer these Questions:

- How did the Galatian Christians become believers? _____
- Did they try to live by following the law in their own strength after being saved? _____

- Should we try to live as believers using our own strength and power? _____

Read Galatians 2:16 (Grace and the Law):

“Yet we know that a person is not made right with God by following the law. No! It is trusting in Jesus Christ that makes a person right with God. So we, too, have put our faith in Christ Jesus, that we might be made right with God. And we are right with God because we trusted in Christ—not because we followed the law. For no one can be made right with God by following the law.”

Read Galatians 3:11-12 (Grace and Works):

“So it is clear that no one can be made right with God by the law. The Scriptures say, ‘He who is right with God by faith will live.’ The law does not use faith. It says, ‘A person who does these things will live forever because of them.’”

Answer these Questions:

- Do we come to Christ because we followed the law? _____
- Can we follow the law of God by ourselves? _____
- The law says that we can do something on our own (do good works) to be saved and live forever. Is that true? _____
What does it mean to “live forever” or have eternal life? _____

- According to this passage, we can only be made right with God by _____

Read Galatians 4:4-7 (Grace and Salvation):

“But when the right time came, God sent his Son. His Son was born of a woman and lived under the law. God did this so that he could buy freedom for those who were under the law. His purpose was to make us his children. And you are God’s children. That is why God sent the Spirit of his Son into your hearts. The Spirit cries out, ‘Father, dear Father.’ So now you are not a slave; you are God’s child, and God will give you what he promised, because you are his child.”

Answer these Questions:

- Who bought our freedom from sin for us? _____
- Believers are now whose children? _____

Read Galatians 5:16-18; 24-25 (Grace and the Holy Spirit):

“So I tell you: Live by following the Spirit. Then you will not do what your sinful selves want. Our sinful selves want what is against the Spirit. The Spirit wants what is against our sinful selves. The two are against each other. So you must not do just what you please. But if you let the Spirit lead you, you are not under the law.”

“Those who belong to Christ Jesus have crucified their own sinful selves. They have given up their old selfish feelings and the evil things they wanted to do. We get our new life from the Spirit. So we should follow the Spirit.”

Answer these Questions:

- If we are followers of Christ, what have we given up? _____
- Our new life comes from whom, and whom should we follow in our new lives? _____

Read Galatians 6:14 (Grace and the Glory):

“I hope I will never brag about things like that. The cross of our Lord Jesus Christ is my only reason for bragging. Through the cross of Jesus my world was crucified and I died to the world.”

Read Galatians 1:5 (Grace and the Glory):

“The glory belongs to God forever and ever. Amen.”

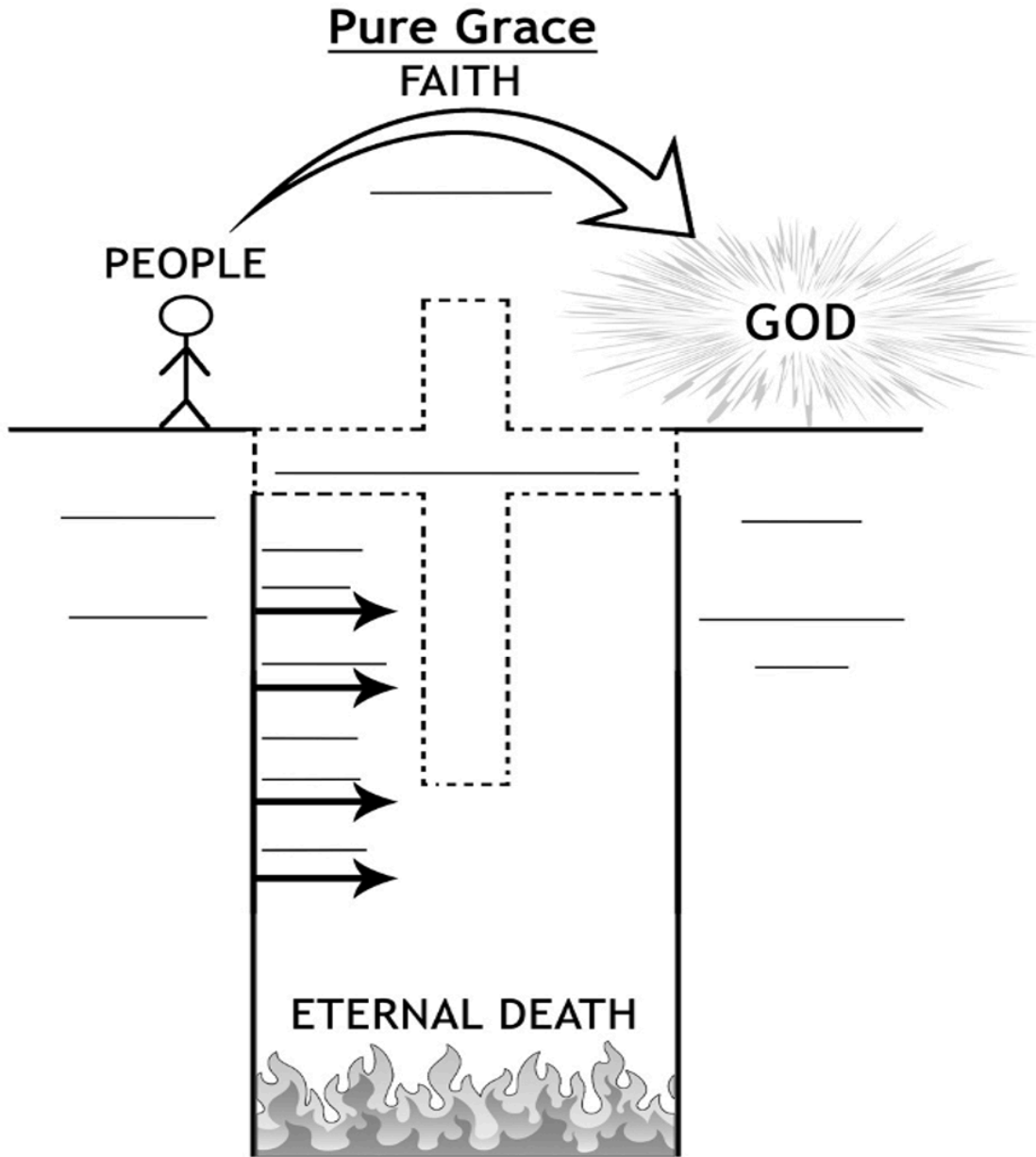
Answer these Questions:

- Can I brag about anything that I have done to save myself? _____
- Who should get all of the glory in my life? _____

Activity 1: Pure Grace Visual/Activity

Instructions:

- Use this visual to help you understand the gospel of Pure Grace and be able to explain it to others.
- Fill in the blanks using the visual on page 7 to assist you.
- Be able to explain the visual to your mentor.
- Write the name of one friend at the bottom of this activity to whom you could explain Pure Grace.



Galatians 3:1-5

Friend's Name: _____

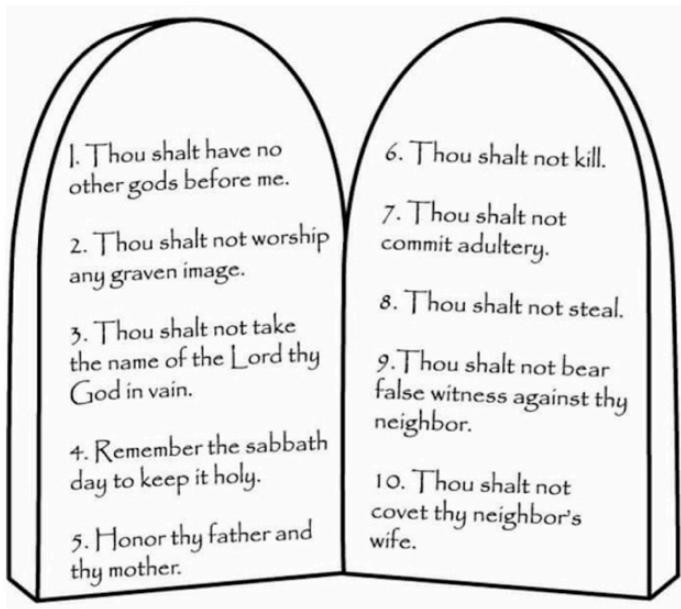
Activity 2: Pure Grace Fill in the Blanks / Coloring Page

Instructions:

- Read each of the questions below. Answer each question in the blanks provided.
- You may color the pictures.

Pure Grace Fill in the Blanks

The Ten Commandments

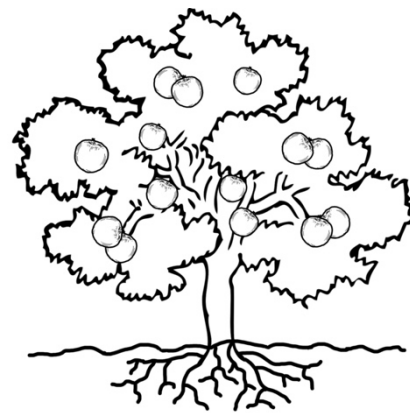


If you follow every one of the 10 Commandments, is that good enough to have your sins forgiven?

Why or Why not?



If we do not want to be slaves to sin, who is the only One who can give us freedom?



What good things does the Holy Spirit give us when we follow Christ?

V. DISCIPLES ESTABLISHED IN THE ETERNAL PLAN OF GOD

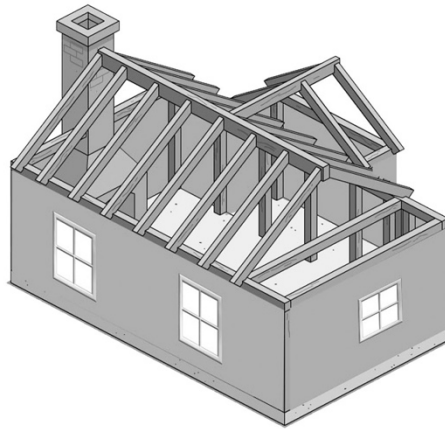
Lesson 9

We Are Part of God's Eternal Plan for His Followers

[Disciples Established in the Eternal Plan of God]

Household of God

Galatians
Teaches the
Gospel of Pure Grace
[Early Letter]



Ephesians
Teaches the
Purpose & Plan of God
[Middle Letter]



God has chosen those who follow Him to be a part of His Eternal Plan, which is His Church of believers with Christ as the Head. God has blessed us with a new position in Him and with wonderful possessions as His followers. He shows us through His Word how we are supposed to act and live.

Memory Verse(s):

Ephesians 1:22-23

"God put everything under his power. And God made him the head over everything for the church. The church is Christ's body. The church is filled with Christ, and Christ fills everything in every way."

Read Ephesians 1:7-10, 19-23 (God's Eternal Plan):

"In Christ we are set free by the blood of his death. And so we have forgiveness of sins because of God's rich grace. God gave us that grace fully and freely. God, with full wisdom and understanding, let us know his secret purpose. This was what God wanted, and he planned to do it through Christ. His goal was to carry out his plan when the right time came. He planned that all things in heaven and on earth would be joined together in Christ as the head."

“And you will know that God’s power is very great for us who believe. That power is the same as the great strength God used to raise Christ from death and put him at his right side in heaven. God made Christ more important than all rulers, authorities, powers, and kings. Christ is more important than anything in this world or in the next world. God put everything under his power. And God made him the head over everything for the church. The church is Christ’s body. The church is filled with Christ, and Christ fills everything in every way.”

Answer these Questions:

- Because of Christ’s blood and God’s grace, we are _____ and set _____ from our sins.
 - God’s plan is that everything in heaven and on earth would be joined together in _____ with _____ as the head.
 - What group is Christ’s body? _____
 - Who can join Christ’s body of believers called His Church? _____
-

Read Ephesians 1:3-14 (Blessings and Possessions in the Plan of Christ):

“Praise be to the God and Father of our Lord Jesus Christ. In Christ, God has given us every spiritual blessing in heaven. In Christ, he chose us before the world was made. In his love he chose us to be his holy people—people without blame before him. And before the world was made, God decided to make us his own children through Jesus Christ. That was what he wanted and what pleased him. This brings praise to God because of his wonderful grace. God gave that grace to us freely, in Christ, the One he loves. In Christ we are set free by the blood of his death. And so we have forgiveness of sins because of God’s rich grace. God gave us that grace fully and freely. God, with full wisdom and understanding, let us know his secret purpose. This was what God wanted, and he planned to do it through Christ. His goal was to carry out his plan when the right time came. He planned that all things in heaven and on earth would be joined together in Christ as the head.

In Christ we were chosen to be God’s people. God had already chosen us to be his people, because that is what he wanted. And God is the One who makes everything agree with what he decides and wants. We are the first people who hoped in Christ. And we were chosen so that we would bring praise to God’s glory. So it is with you. You heard the true teaching—the Good News about your salvation. When you heard it, you believed in Christ. And in Christ, God put his special mark on you by giving you the Holy Spirit that he had promised. That Holy Spirit is the guarantee that we will get what God promised for his people. This will bring full freedom to the people who belong to God, to bring praise to God’s glory.”

Answer these Questions:

- In Christ, God has given His followers every _____
- Review with your leader the many blessings and possessions [in bold above] that we have in God’s Eternal Plan. Write three of these in the blanks:

Read Ephesians 2:1-6. (New Position in the Plan of Christ)

“In the past your spiritual lives were dead because of your sins and the things you did wrong against God. Yes, in the past you lived the way the world lives. You followed the ruler of the evil powers that are above the earth. That same spirit is now working in those who refuse to obey God. In the past all of us lived like them. We lived trying to please our sinful selves. We did all the things our bodies and minds wanted. We should have suffered God’s anger because we were sinful by nature. We were the same as all other people.

But God’s mercy is great, and he loved us very much. We were spiritually dead because of the things we did wrong against God. But God gave us new life with Christ. You have been saved by God’s grace. And he raised us up with Christ and gave us a seat with him in the heavens. He did this for those of us who are in Christ Jesus.”

Answer these Questions:

- We were dead in our sinful selves before we followed Christ. What is our new position now? _____
- One day, when we die, we will have a seat with Christ where? _____

Read Ephesians 3:16-19 (Prayer for the Eternal Plan of Christ):

“I ask the Father in his great glory to give you the power to be strong in spirit. He will give you that strength through his Spirit. I pray that Christ will live in your hearts because of your faith. I pray that your life will be strong in love and be built on love. And I pray that you and all God’s holy people will have the power to understand the greatness of Christ’s love. I pray that you can understand how wide and how long and how high and how deep that love is. Christ’s love is greater than any person can ever know. But I pray that you will be able to know that love. Then you can be filled with the fullness of God.”

Answer this Question:

- What are some of the things Paul prays that God will give to His believers? _____

Activity 1: Matching—Characteristics of Members in God’s Eternal Plan

Instructions:

- Read each of the passages below. Review the list of Characteristics of Members in God’s Eternal Plan below.
- Match each characteristic to the passage that describes it.
- Write the matching characteristic in each blank.

Characteristics of Members in God’s Eternal Plan

Ephesians Chapters 4, 5 and 6 tell us how Christian believers are supposed to act and live in God’s Eternal Plan and Purpose. Some of these characteristics are:

Purity Light Love Unity Harmony Victory with Care

- Walk in _____ (Ephesians 4:16)
“The whole body depends on Christ. And all the parts of the body are joined and held together. Each part of the body does its own work. And this makes the whole body grow and be strong with love.”
- Walk in _____ (Ephesians 4:22-24)
“You were taught to leave your old self—to stop living the evil way you lived before. That old self becomes worse and worse because people are fooled by the evil things they want to do. But you were taught to be made new in your hearts. You were taught to become a new person. That new person is made to be like God—made to be truly good and holy.”
- Walk in _____ (Ephesians 5:1-2)
“You are God’s children whom he loves. So try to be like God. Live a life of love. Love other people just as Christ loved us. Christ gave himself for us—he was a sweet-smelling offering and sacrifice to God.”

- **Walk in the _____ (Ephesians 5:8-11)**
“In the past you were full of darkness, but now you are full of light in the Lord. So live like children who belong to the light. Light brings every kind of goodness, right living, and truth. Try to learn what pleases the Lord. Do not do the things that people in darkness do. That brings nothing good. But do good things to show that the things done in darkness are wrong.”

- **Walk _____ (Ephesians 5:15-17)**
“So be very careful how you live. Do not live like those who are not wise. Live wisely. I mean that you should use every chance you have for doing good, because these are evil times. So do not be foolish with your lives. But learn what the Lord wants you to do.”

- **Walk in _____ (Ephesians 5:33, 6:1-2)**
“But each one of you [husbands] must love his wife as he loves himself. And a wife must respect her husband.”

“Children, obey your parents the way the Lord wants. This is the right thing to do. The command says, ‘Honor your father and mother.’ This is the first command that has a promise with it.”

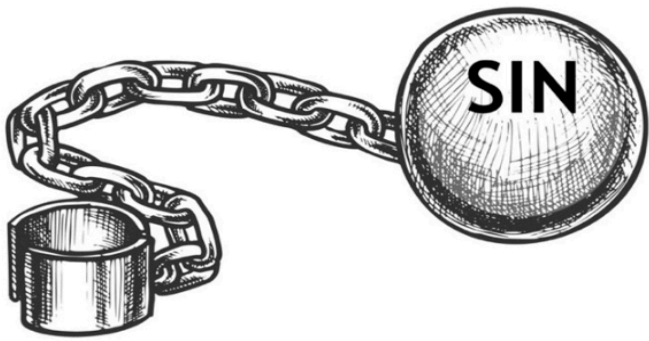
- **Walk in _____ (Ephesians 6:10-13)**
“Finally, be strong in the Lord and in his great power. Wear the full armor of God. Wear God’s armor so that you can fight against the devil’s evil tricks. Our fight is not against people on earth. We are fighting against the rulers and authorities and the powers of this world’s darkness. We are fighting against the spiritual powers of evil in the heavenly world. That is why you need to get God’s full armor. Then on the day of evil you will be able to stand strong. And when you have finished the whole fight, you will still be standing.”

Activity 2: Fill in the Blanks— God’s Eternal Plan Blessings

Instructions:

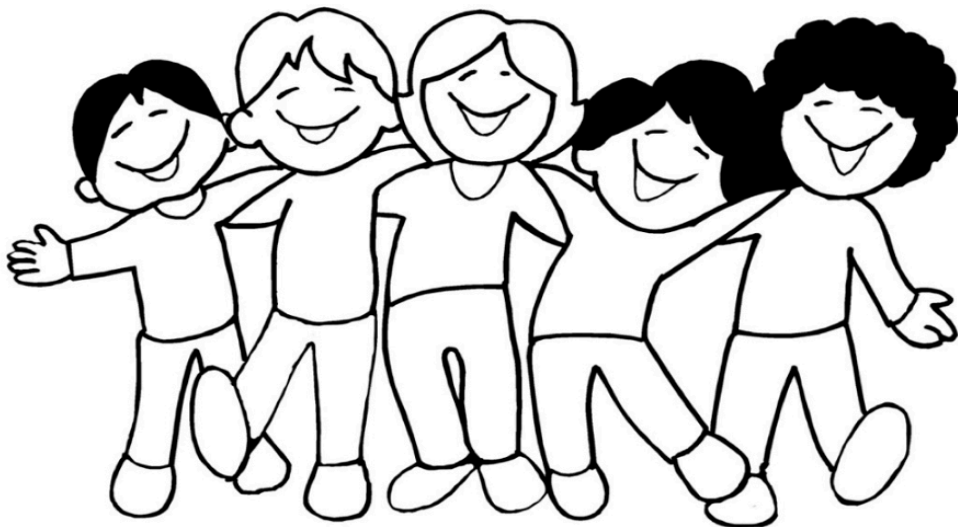
- Read the verses for the pictures. Fill in the missing words in the blanks.
- You may color the pictures.

God’s Eternal Plan Blessings



Two blessings from God in Ephesians 1:7
are _____ and _____

One blessing is mentioned 6 times in
Ephesians 3:14-21. It is _____



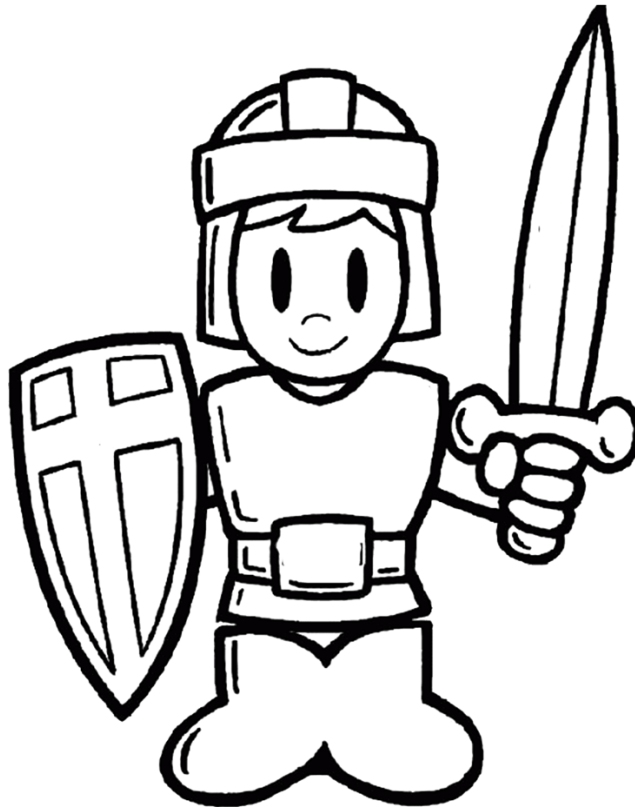
Two blessings mentioned over and over in Ephesians 3:18-19 and 5:8-10 are:
_____ and _____

Activity 3: The Armor of God

Instructions:

- God's armor in Ephesians 6:11-18 is a blessing to help us fight against evil. It has 7 pieces. Read Ephesians 6:11-18.
- Place the number of the piece of armor in the correct place on the soldier where the armor would go.

Armor of God



Ephesians 6:11-18

1. Belt of Truth
2. Breastplate of Righteousness
3. Shoes the Gospel of Peace
4. Shield of Faith
5. Helmet of God's Salvation
- 6 & 7. Sword of the Spirit (Word of God) and Praying in the Spirit at all times.

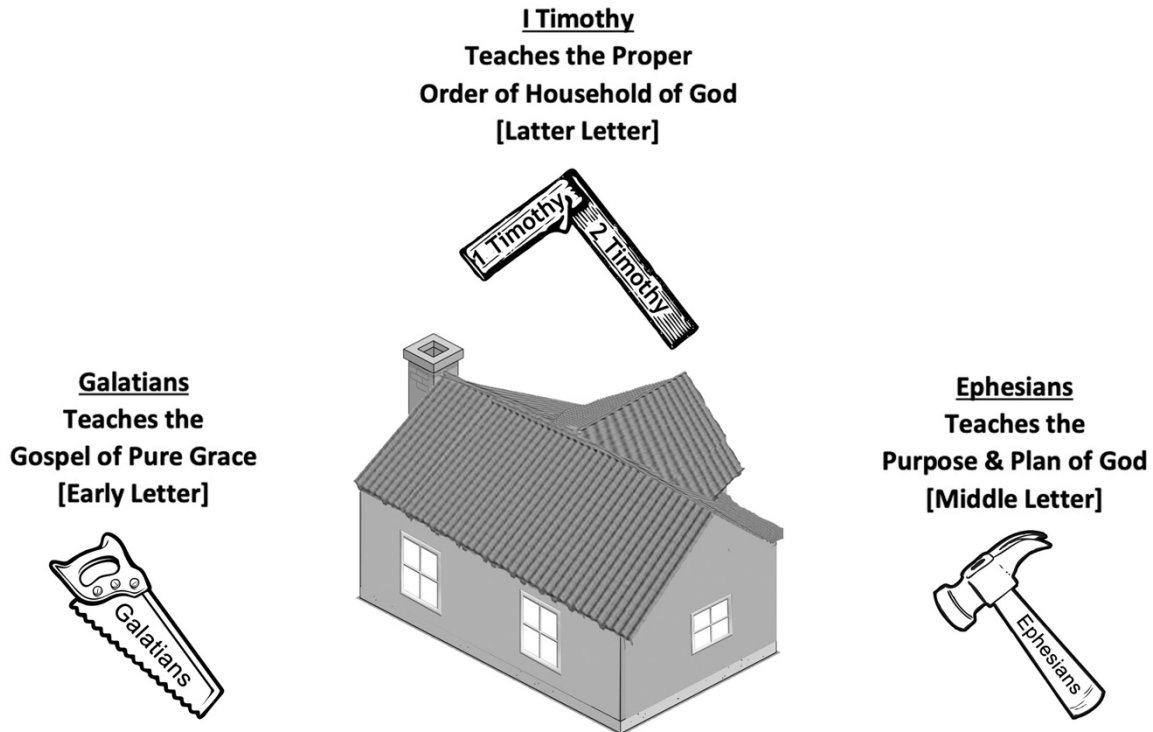
VI. DISCIPLES ESTABLISHED IN THE HOUSEHOLD OF GOD

Lesson 10

We Are Part of God's Household of Believers

[Disciples Established in the Household of God]

Household of God



The Household of God, the Church made up of all believers in and followers of Jesus Christ, should work properly. Paul wanted to be sure that His young friend, Timothy, understood how the Church should operate. He passed on his knowledge from God to Timothy and the Early Churches about the importance of sound teaching, godliness with contentment, choosing spiritual leaders, and right family order. Paul's teachings are important for us in the Household of God today. As we learn them, we must pass them on to others through training and discipleship.

Memory Verse(s):

1 Timothy 4:12

"You are young, but do not let anyone treat you as if you were not important. Be an example to show the believers how they should live. Show them with your words, with the way you live, with your love, with your faith, and with your pure life."

Read 1 Timothy 3:14-15:

“I hope I can come to you soon. But I am writing these things to you now. Then, even if I cannot come soon, you will know about the things that people must do in the family of God. That family is the church of the living God, the support and foundation of the truth.”

Read 1 Timothy 2:4-6:

“God wants all people to be saved. And he wants everyone to know the truth. There is only one God. And there is only one way that people can reach God. That way is through Jesus Christ, who is also a man. Jesus gave himself to pay for the sins of all people. Jesus is proof that God wants all people to be saved. And that proof came at the right time.”

Answer these Questions:

- Paul said that the family of God is the _____. (It is also called the Household of God.)
- Whom does God want to be saved? _____
- Paul is very clear about how people can be saved (in order to join the family or Household of God). There is only one way. What is it? _____

Read 1 Timothy 1:19 (Build on Sound Teaching from God’s Word):

“Continue to have faith and do what you know is right. Some people have not done this. Their faith has been destroyed.”

Read 1 Timothy 2:1-3 (Pray):

“First, I tell you to pray for all people. Ask God for the things people need and be thankful to him. You should pray for kings and for all who have authority. Pray for the leaders so that we can have quiet and peaceful lives—lives full of worship and respect for God. This is good, and it pleases God our Savior.”

Answer these Questions:

- What was Paul’s advice to Timothy? _____
- What is the danger of not following Paul’s advice? _____
- Paul told Timothy, first it is important to _____
- Can you make a list of those for whom Paul told Timothy to pray?
 - _____
 - _____
 - _____
 - _____

Read 1 Timothy 4:1-16 (Train for Godliness in the Household of God):

“The Holy Spirit clearly says that in the later times some people will stop believing the true faith. They will obey spirits that lie and will follow the teachings of demons. Such teachings come from hypocrites, men who cannot see what is right and what is wrong. It is as if their understanding were destroyed by a hot iron. They tell people that it is wrong to marry. And they tell people that there are some foods that must not be eaten. But God made those foods, and the people who believe and who know the truth can eat those foods with thanks. Everything that God made is good. Nothing that God made should be refused if it is accepted with thanks to God. Everything God made is made holy by what God has said and by prayer.

Tell these things to the brothers. This will show that you are a good servant of Christ Jesus. You will show that you are made strong by the words of faith and good teaching that you have been following. People tell silly stories that do not agree with God’s truth. Do not follow what those stories teach. But teach yourself only to serve God. Training your body helps you in some ways, but serving God helps you in every way. Serving God brings you blessings in this life and in the future life, too. What I say is true, and you should fully accept it. For this is why we work and struggle: We hope in the living God. He is the Savior of all people. And in a very special way, he is the Savior of all who believe in him.

Command and teach these things. You are young, but do not let anyone treat you as if you were not important. Be an example to show the believers how they should live. Show them with your words, with the way you live, with your love, with your faith, and with your pure life. Continue to read the Scriptures to the people, strengthen them, and teach them. Do these things until I come. Remember to use the gift that you have. That gift was given to you through a prophecy when the group of elders laid their hands on you. Continue to do those things. Give your life to doing them. Then everyone can see that your work is progressing. Be careful in your life and in your teaching. Continue to live and teach rightly. Then you will save yourself and those people who listen to you.”

Answer these Questions:

- Name three things Paul says **to do** from this passage: _____

- Name three things Paul says **not to do**: _____

- Just because you are young, are you still important in the family or Household of God?

- Paul says, in 1 Timothy 4:7-8, to “teach yourself only to _____.” He says that “_____ helps you in every way.”

- Because you are important, God wants you to be an _____ of the right way to live for Christ to others (1 Timothy 4:12).

Read 1 Timothy 5:1-3, 8:

“Do not speak angrily to an older man but talk to him as if he were your father. Treat younger men like brothers. Treat older women like mothers, and younger women like sisters. Always treat them in a pure way.

Take care of widows who are all alone.”

“A believer should take care of his own relatives, especially his own family. If he does not do that, he has turned against the faith. He is worse than a person who does not believe in God.”

Read 1 Timothy 6:8-10:

“So, if we have food and clothes, we will be satisfied with that. Those who want to become rich bring temptation to themselves. They are caught in a trap. They begin to want many foolish things that will hurt them, things that ruin and destroy people. The love of money causes all kinds of evil. Some people have left the true faith because they want to get more and more money. But they have caused themselves much sorrow.”

Answer these Questions:

- 1 Timothy 5:1-2 says that we should always treat four groups of people “in a pure way.” For each group, write how we should treat them.

<u>Group</u>	<u>Treatment</u>
Older men	As _____
Younger men	As _____
Older women	As _____
Younger women	As _____

- Who should take care of widows who are alone? _____
- Who should take care of relatives of believers? _____
- The love of money is good/evil. Which one? _____
- 1 Timothy 6:8-10 tells us not to pursue riches to make us happy but to be _____
_____ with what we have.

Read Ephesians 5:22-25 (Family Order in the Household of God):

“Wives, be under the authority of your husbands, as of the Lord. The husband is the head of the wife, as Christ is the head of the church. The church is Christ’s body—Christ is the Savior of the body. The church is under the authority of Christ. So it is the same with you wives. You should be under the authority of your husbands in everything.

Husbands, love your wives as Christ loved the church. Christ died for the church.”

Read Ephesians 6:4:

“Fathers, do not make your children angry, but raise them with the training and teaching of the Lord.”

Read Titus 2:4:

“In that way they can teach younger women to love their husbands and children.”

Read Colossians 3:20-21:

“Children, obey your parents in all things. This pleases the Lord.

Fathers, do not nag your children. If you are too hard to please, they may want to stop trying.”

Answer these Questions:

- Who is the Head of the Church? _____
- Who should be the head of the family? _____
- How should husbands love their wives? _____
- How should parents treat their children? _____
- How should children treat their parents? _____

You may color this picture.

Paul and Timothy



Activity 2: Building the Household of God




Instructions:

- Paul is called an expert builder in 1 Corinthians 3:10. He wanted to “build up” the Household of God (God’s Church) and help its members to be strong in the Lord.
- His preaching and writings in his letters are like tools a builder would use to “build up” new believers in the Household of God.
- For each New Testament letter (“tool”) shown in the chart below, write the matching purpose Paul wanted to accomplish in his letter. [You can use the graphics in Lessons 8-10 to help you.]

Match these Purposes to Paul’s letters below:

- An early letter teaching the Gospel of Pure Grace
- A middle letter teaching the Purpose & Plan of God
- A latter letter teaching the Proper Order of the Household of God

Building the Household of God

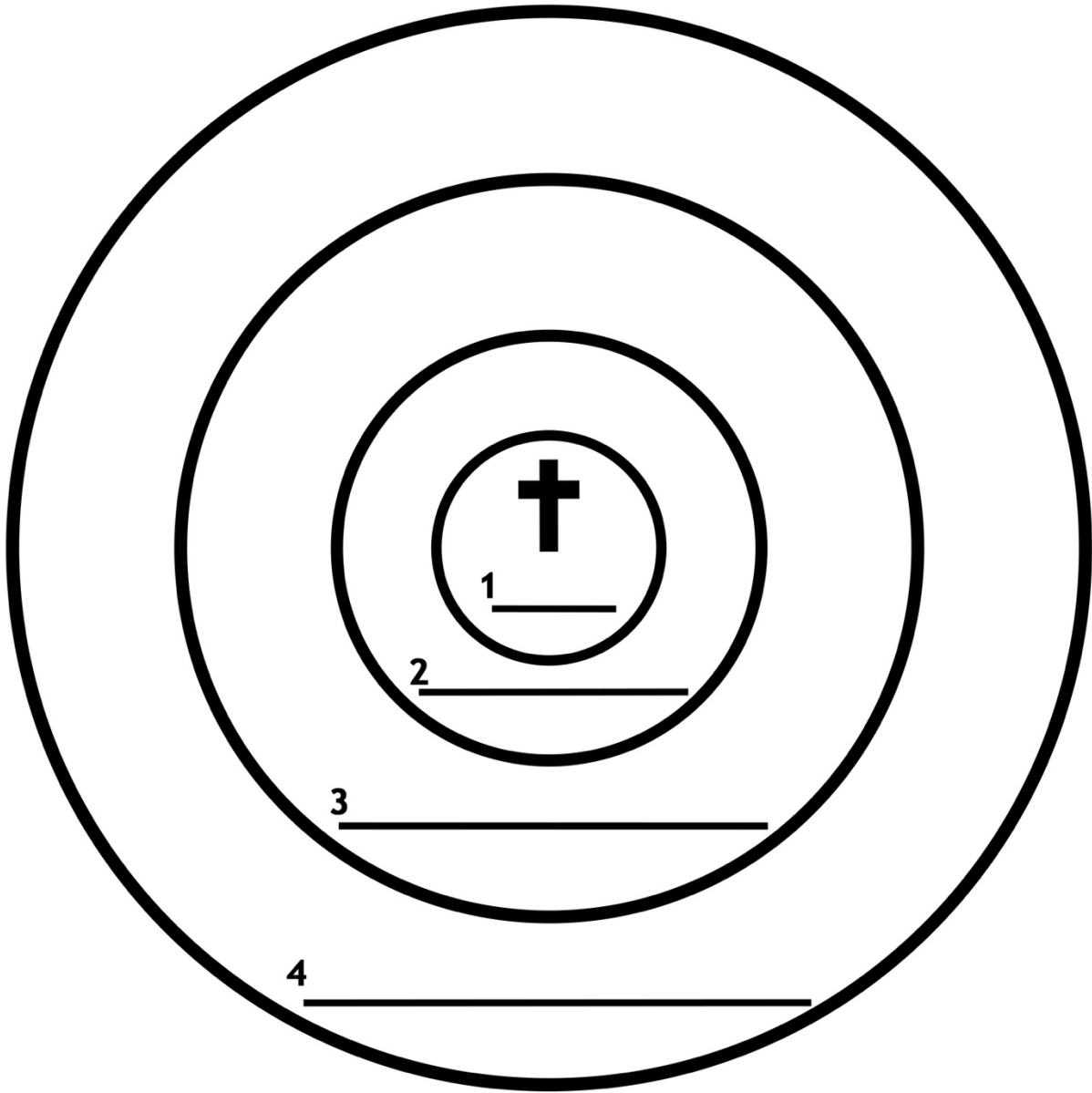
		
Book: <u>Galatians</u>	Book: <u>Ephesians</u>	Book: <u>1 Timothy</u>
Purpose:	Purpose:	Purpose:
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Activity 3: Family Order in the Household of God

Instructions:

- **Re-read Ephesians 5:22-24, Ephesians 6:4, Titus 2:4, Colossians 3:20-21, and 1 Timothy 5:1-3.** These passages talk about the correct order of the family in the Household of God according to the Bible. **God has designed His Household so that there is an order of leadership and respect.** For example, we are to respect those whom God has placed in leadership over us, such as our parents or caretakers and church leaders.
 - The circles in the **Family Order in the Household of God** activity that follows can help you to understand your place in the Household of God.
 - **Fill in the blanks and color the circles below. Discuss the activity with your group or individual leader.**
1. The cross in the center circle stands for Christ. Who should be at the center of every **individual life** and family? As a young person, a son or daughter who is a believer in Jesus Christ, you are in the middle circle with Christ. Put your name in the small middle circle with the cross. Color the individual circle **yellow**. **Your relationship with Jesus Christ is very important because knowing and obeying Christ helps you to be a good family member and church member.**
 2. The second circle from the center stands for **marriage** between a one man (husband) and one woman (wife). Write the names of your mother and father in this circle. If you do not know the names of both parents, you may write the name of the one you know, or you may leave this circle blank. Color the marriage circle **blue**.
 3. The third circle from the center stands for a **family**. This circle includes parents and children in a family. Write your name again in this circle and the names of any brothers and sisters you have. Not all families are alike. Instead of parents living with you, you may have grandparent(s), other adult family members, or other **adults who take care of you**. You may write the name(s) of this person(s) in this circle also. Color the family circle **green**.
 4. The fourth circle from the center stands for the **Church, the Household of God**. This circle contains all believers all around the world, including older men, younger men, older women, and younger women. Young people who are believers in Jesus Christ would be in this circle too. Write the name of one believer you know who is older than you or the name of your local church. Color the Church circle **purple**.

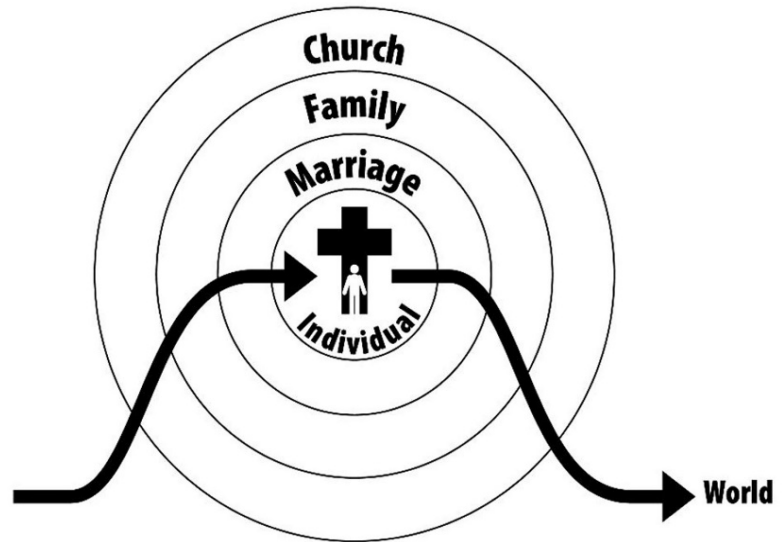
Family Order in the Household of God



VII. DISCIPLES ESTABLISHED IN AND WITH CHRIST

Lesson 11

Your Life in Christ



God gives his followers riches in Christ, through faith in His Son, that are wonderful beyond our understanding and last forever! Not only do we have salvation and eternal life, but we also have peace, a new life, nearness to God, and many other blessings.

Memory Verse(s):

Philippians 4:19

“My God will use his wonderful riches in Christ Jesus to give you everything you need.”

Read Matthew 13:44-46:

[Jesus said,] “The kingdom of heaven is like a treasure hidden in a field. One day a man found the treasure, and then he hid it in the field again. The man was very happy to find the treasure. He went and sold everything that he owned to buy that field.

“Also, the kingdom of heaven is like a man looking for fine pearls. One day he found a very valuable pearl. The man went and sold everything he had to buy that pearl.”

Answer these Questions:

- Matthew compares the kingdom of heaven to two valuable items. What are they?

_____ , _____

- On the Treasure Matching activity below, draw a line from the verse(s) to the correct “treasure in Christ” revealed in the verse.

Verses	Treasures in Christ
Ephesians 1:5	Love
1:7	Hope and Comfort
1:13	A Full and True Life
1:19	Forgiveness for Sins
2:5	Peace
2:6	New Life
2:7	Salvation
2:13	Great Power/Spiritual Strength
2:14	Heaven
3:19	Nearness to God
Colossians 2:9-10	Grace
2 Thessalonians 2:16-17	Become God’s Children

- Colossians 2:9-10 says, “All of God lives fully in Christ (even when Christ was on earth). And in him you have a full and true life. He is ruler over all rulers and powers.” What does it mean to have Christ living in you? _____

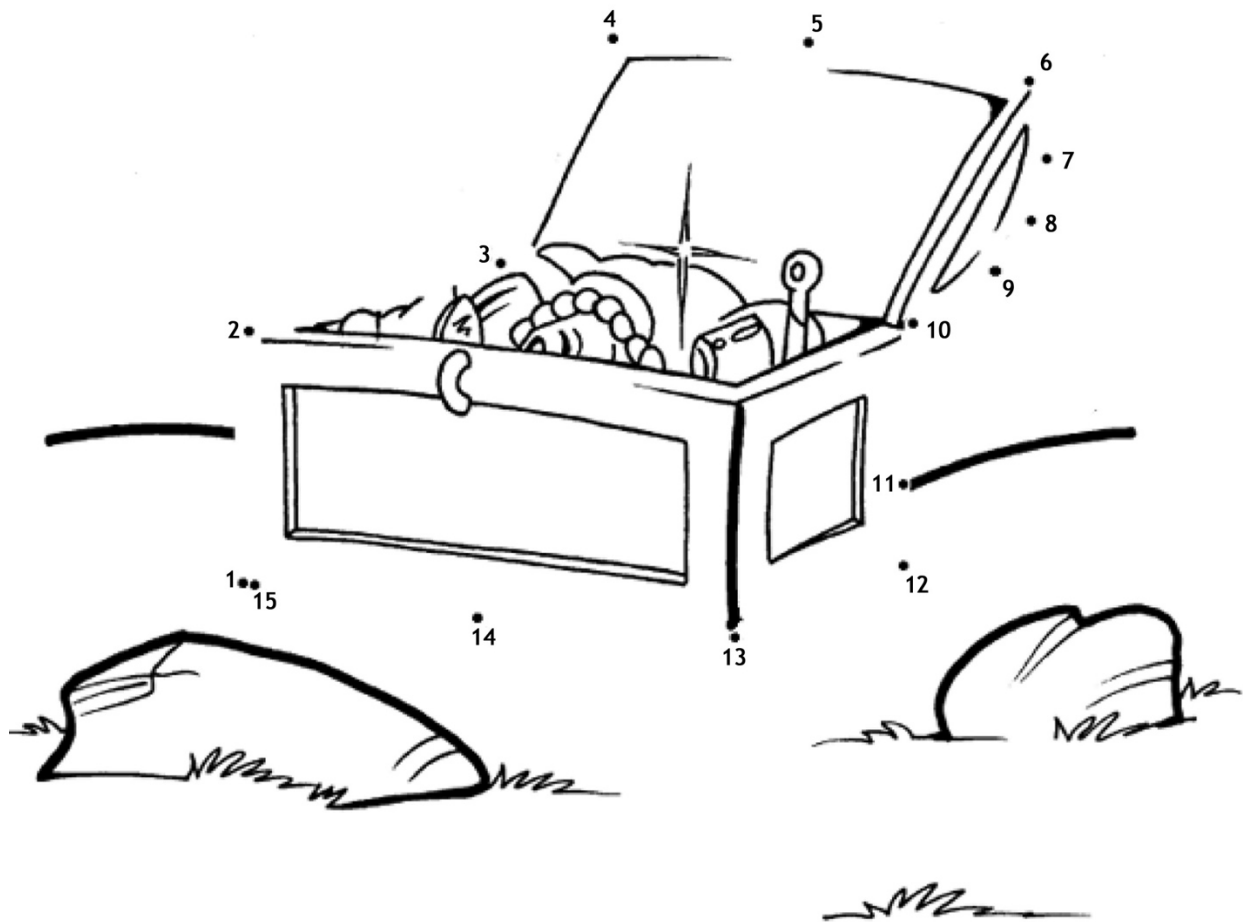
- 2 Thessalonians 2:16, says, “We pray that the Lord Jesus Christ himself and God our Father will comfort you and strengthen you in every good thing you do and say. God loved us. Through his grace he gave us a good hope and comfort that continues forever.” What did our Lord Jesus Christ and God our Father give us?

Activity 1: Draw the Treasure Chest

Instructions:

- Follow the numbers to draw the treasure chest.

Draw the Treasure Chest



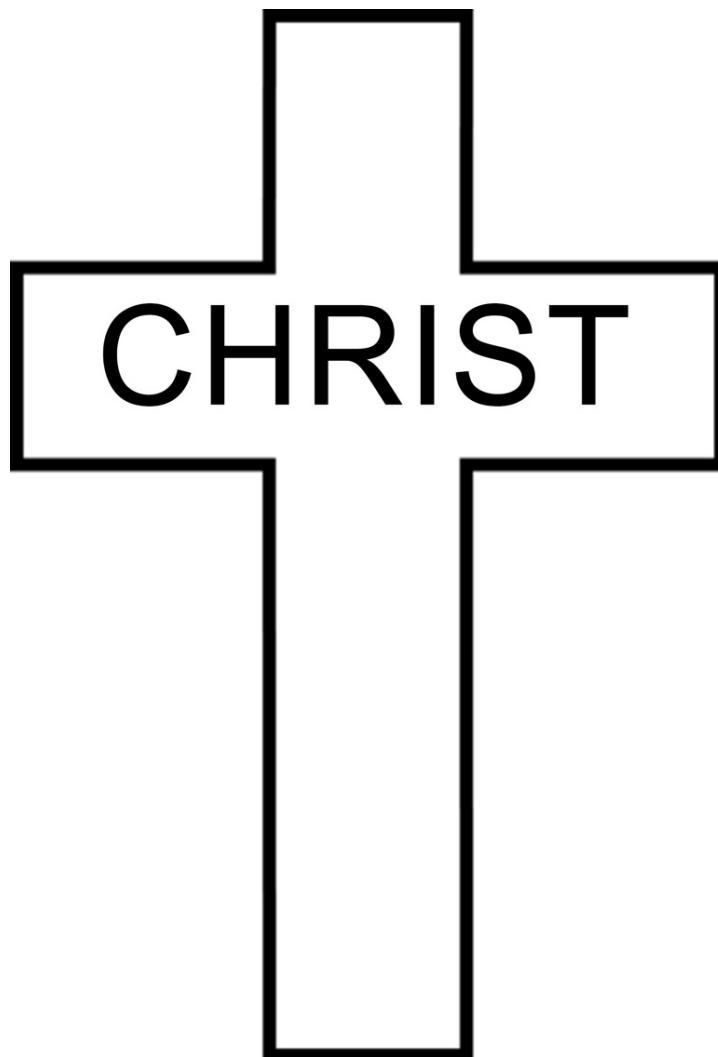
Activity 2: “In Christ” Fingerprint

Instructions:

- **The Cross stands for Jesus Christ.** When you trust Christ to forgive your sins, you become a new creature “in Christ” with its many blessings. If you have trusted Jesus and are now a member of the family and Body of Christ, complete the picture below to show your new position.
- Place your forefinger on the ink pad your mentor will provide, and press your finger into the cross.



“In Christ” Fingerprint



Lesson 12

Your Life with Christ



One of the greatest privileges a believer has is to walk personally in the presence of the living God. Spending time daily with God is very important to your spiritual life and walk with Christ. And a beautiful thing is that God wants us to spend time and have a relationship with Him. 1 Corinthians 1:9 says, “God is faithful. He is the One who has called you to share life with his Son, Jesus Christ our Lord.” Sharing life with Christ means to become friends with Him. When you spend time alone with the Lord, you are in contact with the One who matters most.

Memory Verse(s):

Revelation 3:20

“Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with him. And he will eat with me.”

Read Luke 24:13-32:

“That same day two of Jesus’ followers were going to a town named Emmaus. It is about seven miles from Jerusalem. They were talking about everything that had happened. While they were discussing these things, Jesus himself came near and began walking with them. (They were not allowed to recognize Jesus.) Then he said, ‘What are these things you are talking about while you walk?’ The two followers stopped. Their faces were very sad. The one named Cleopas answered, ‘You must be the only one in Jerusalem who does not know what just happened there.’

Jesus said to them, ‘What are you talking about?’

The followers said, 'It is about Jesus of Nazareth. He was a prophet from God to all the people. He said and did many powerful things. Our leaders and the leading priests gave him up to be judged and killed. They nailed him to a cross. But we were hoping that he would free the Jews. It is now the third day since this happened. And today some women among us told us some amazing things. Early this morning they went to the tomb, but they did not find his body there. They came and told us that they had seen a vision of angels. The angels said that Jesus was alive! So, some of our group went to the tomb, too. They found it just as the women said, but they did not see Jesus.'

Then Jesus said to them, 'You are foolish and slow to realize what is true. You should believe everything the prophets said. They said that the Christ must suffer these things before he enters his glory.' Then Jesus began to explain everything that had been written about himself in the Scriptures. He started with Moses, and then he talked about what all the prophets had said about him.

They came near the town of Emmaus, and Jesus acted as if he did not plan to stop there. But they begged him, 'Stay with us. It is late; it is almost night.' So he went in to stay with them.

Jesus sat down with them and took some bread. He gave thanks for the food and divided it. Then he gave it to them. And then, they were allowed to recognize Jesus. But when they saw who he was, he disappeared. They said to each other, 'When Jesus talked to us on the road, it felt like a fire burning in us. It was exciting when he explained the true meaning of the Scriptures.'"

Answer these Questions:

- Why were Cleopas and his friend sad as they walked on the road to Emmaus? _____

- Who was the stranger walking along with the two men? _____
- What did the stranger talk to the two men about that day? _____

- When did they understand who the stranger really was? _____

Read Galatians 5:16:

"So I tell you: Live by following the Spirit. Then you will not do what your sinful selves want."

If we live by following the Spirit which is now in us, we will no longer:

____ belong to Satan

____ want to follow the way of sin

____ listen to what God wants for us

Read Colossians 2:6:

“As you received Christ Jesus the Lord, so continue to live in him.”

After we receive Christ, in Whom do we live (to Whom do we belong)?

- Satan
- ourselves
- Christ

Read Romans 6:4:

“So when we were baptized, we were buried with Christ and shared his death. We were buried with him so that we could live a new life, just as Christ was raised from death by the wonderful power of the Father.”

What kind of life does God want us to live in Christ?

- same as before we knew Christ
- new life in Christ
- a selfish one to do what I want

Read Ephesians 5:2:

“Live a life of love. Love other people just as Christ loved us. Christ gave himself for us—he was a sweet-smelling offering and sacrifice to God.”

This new life in Christ will give us the choice to live a life of:

- love
- fear
- doubt

Read Joshua 1:8:

“Always remember what is written in the Book of the Teachings. Study it day and night. Then you will be sure to obey everything that is written there. If you do this, you will be wise and successful in everything.”

How often should we meditate on (think about) the Word of God?

- when we feel like it
- sometimes
- all the time (day and night)

Read Matthew 6:33:

“The thing you should want most is God’s kingdom and doing what God wants. Then all these other things you need will be given to you.”

What should believers want most in life?

_____ the Kingdom of God

_____ what God wants

_____ to have a good, happy time

Read John 15:4-6, 10:

“Remain in me, and I will remain in you. No branch can produce fruit alone. It must remain in the vine. It is the same with you. You cannot produce fruit alone. You must remain in me.

I am the vine, and you are the branches. If a person remains in me and I remain in him, then he produces much fruit. But without me he can do nothing. If anyone does not remain in me, then he is like a branch that is thrown away. That branch dies. People pick up dead branches, throw them into the fire, and burn them.”

“I have obeyed my Father’s commands, and I remain in his love. In the same way, if you obey my commands, you will remain in my love.”

What does it mean to “remain” (or abide) in Christ?

_____ do what I think is best

_____ obey God’s commands

_____ live in Christ’s love

Activity 1: Visual/Coloring Page

You may color this page.

Jesus on the Road to Emmaus



Activity 2: Your Life with Christ Activity Sheet

Instructions:

- God wants us to have a close relationship with Him.
Read the verses for each set of pictures below. For each set, write and talk about how the verse(s)/picture show what we mean to God, our Heavenly Father.
- You may also complete the maze and color the pictures.

Your Life with Christ

1. Read Luke 15:3-7 - The Lost Sheep



2. Read Luke 15:8-10 - The Lost Coin



3. Read Luke 15:11-32 - The Son Who Left Home

Help the Prodigal Son Get Home

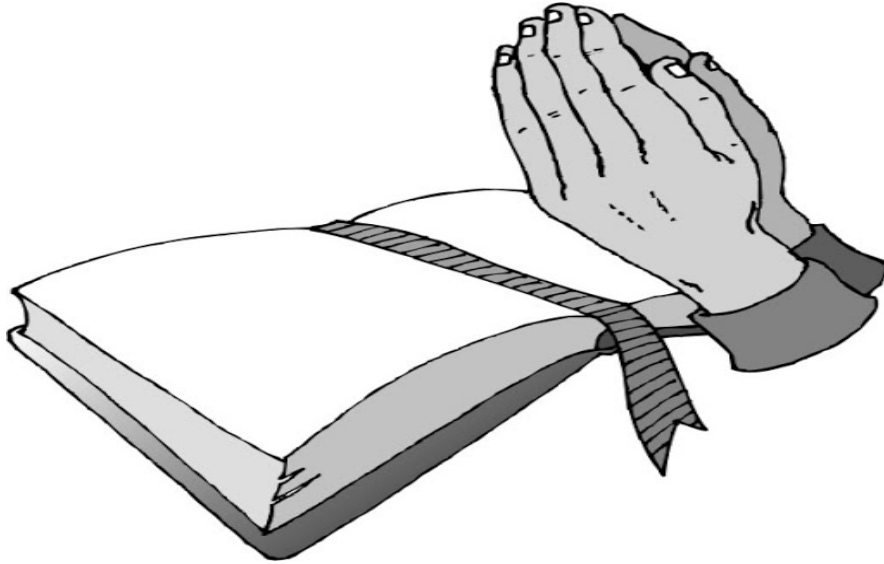


4. Read John 15:4-10 - The Vine and the Branches



Lesson 13

Daily Quiet Time with the Lord



Having a daily Quiet Time, spending time with the Lord, is not just a good practice. It is vital to having an abundant, full, and joyful life in Christ. As we learned in Lesson 12, we need to become close to Christ, to become friends with Him (1 Corinthians 1:9). We do this by spending real time with Him daily.

Memory Verse(s):

Psalm 119:9-11

“How can a young person live a pure life? He can do it by obeying your word. With all my heart I try to obey you, God. Don’t let me break your commands. I have taken your words to heart so I would not sin against you.”

What is a Quiet Time?

- Having a Quiet Time means that you will spend time each day reading and studying God’s words in the Bible and praying to Him.

Read James 4:8a:

“Come near to God, and God will come near to you.”

Read Ephesians 6:18:

“Pray in the Spirit at all times. Pray with all kinds of prayers and ask for everything you need. To do this you must always be ready. Never give up. Always pray for all God’s people.”

Read Jeremiah 29:12:

“Then you will call my name. You will come to me and pray to me. And I will listen to you.”

Read Colossians 4:2:

“Continue praying and keep alert. And when you pray, always thank God.”

Read Psalm 1:2-3:

[A person is happy if] *“He loves the Lord’s teachings. He thinks about those teachings’ day and night. He is strong, like a tree planted by a river. It produces fruit in season. Its leaves don’t die. Everything he does will succeed.”*

Answer these Questions:

- James 4:8 is an invitation for us to come _____. If we do that, what will God do? _____
- Psalm 1 tells us it is good to love the Lord’s teachings in Scripture and to think about what He teaches us when? _____
- How can we come near to God and learn about His teachings every day? _____

Why should we have a Quiet Time?

Read Joshua 1:8.

“Always remember what is written in the Book of the Teachings [Scripture]. Study it day and night. Then you will be sure to obey everything that is written there. If you do this, you will be wise and successful in everything.”

Read John 15:14-15.

“You are my friends if you do what I command you. I don’t call you servants now. A servant does not know what his master is doing. But now I call you friends because I have made known to you everything I heard from my Father.”

Read Luke 6:12.

“At that time Jesus went off to a mountain to pray. He stayed there all night, praying to God.”

Answer these Questions:

- Moses told Joshua (in Joshua 1:8) to do three things with the Scripture. What are these three things? _____, _____, _____
That’s what God wants us to do also.
- In John 15:14, if we want to be called “friends” of Christ, we must do what He _____

Having a Quiet Time is a way God can let us know what He wants us to know and do.

- At least six times the Bible talks about Jesus going to a quiet place to pray. If Jesus needed to spend time with His Heavenly Father, and He was God, do we need to spend time daily with God? Why or why not? (Discuss with the children.) _____

- Why would Jesus need to spend time with His Heavenly Father? _____

Read Matthew 4:4:

Jesus “answered, “*It is written in the Scriptures, ‘A person does not live only by eating bread. But a person lives by everything the Lord says.’*”

Read 1 Peter 2:2:

“*As newborn babies want milk, you should want the pure and simple teaching. By it you can mature in your salvation.*”

Answer these Questions:

- We know we need food to live. Jesus said that we need something **more than food** to live the right way. We need to live by _____

- By learning the pure and simple teaching in the Bible, what does it help you to do?

When should we have a Quiet Time?

Read Matthew 6:11:

“*Give us the food we need for each day.*”

Read Psalm 5:3:

“*Lord, every morning you hear my voice. Every morning, I tell you what I need. And I wait for your answer.*”

Read Mark 1:35:

“*Early the next morning, Jesus woke and left the house while it was still dark. He went to a place to be alone and pray.*”

Read Matthew 14:23:

“*After he [Jesus] said good-bye to them, he went alone up into the hills to pray. It was late, and Jesus was there alone.*”

Answer these Questions:

- We eat physical food for life every day. We also need spiritual food, the Bread of Life from scripture, to live the right way. How often should we “eat” (study God’s Word and pray) spiritual food? _____
 - King David, in the Old Testament, liked to talk to God in the morning. We know that Jesus sometimes talked to His Father in the morning and sometimes in the evening. Does the time of day matter when you have your Quiet Time? _____ The important thing is that you _____
-

Where should we have a Quiet Time?

Read Matthew 6:6:

“When you pray, you should go into your room and close the door. Then pray to your Father who cannot be seen. Your Father can see what is done in secret, and he will reward you.”

Read Luke 5:16:

“But Jesus often slipped away to other places to be alone so that he could pray.”

Answer this Question:

- Think about where you live now. Where are some quiet, private places where you can have your Quiet Time? _____
-

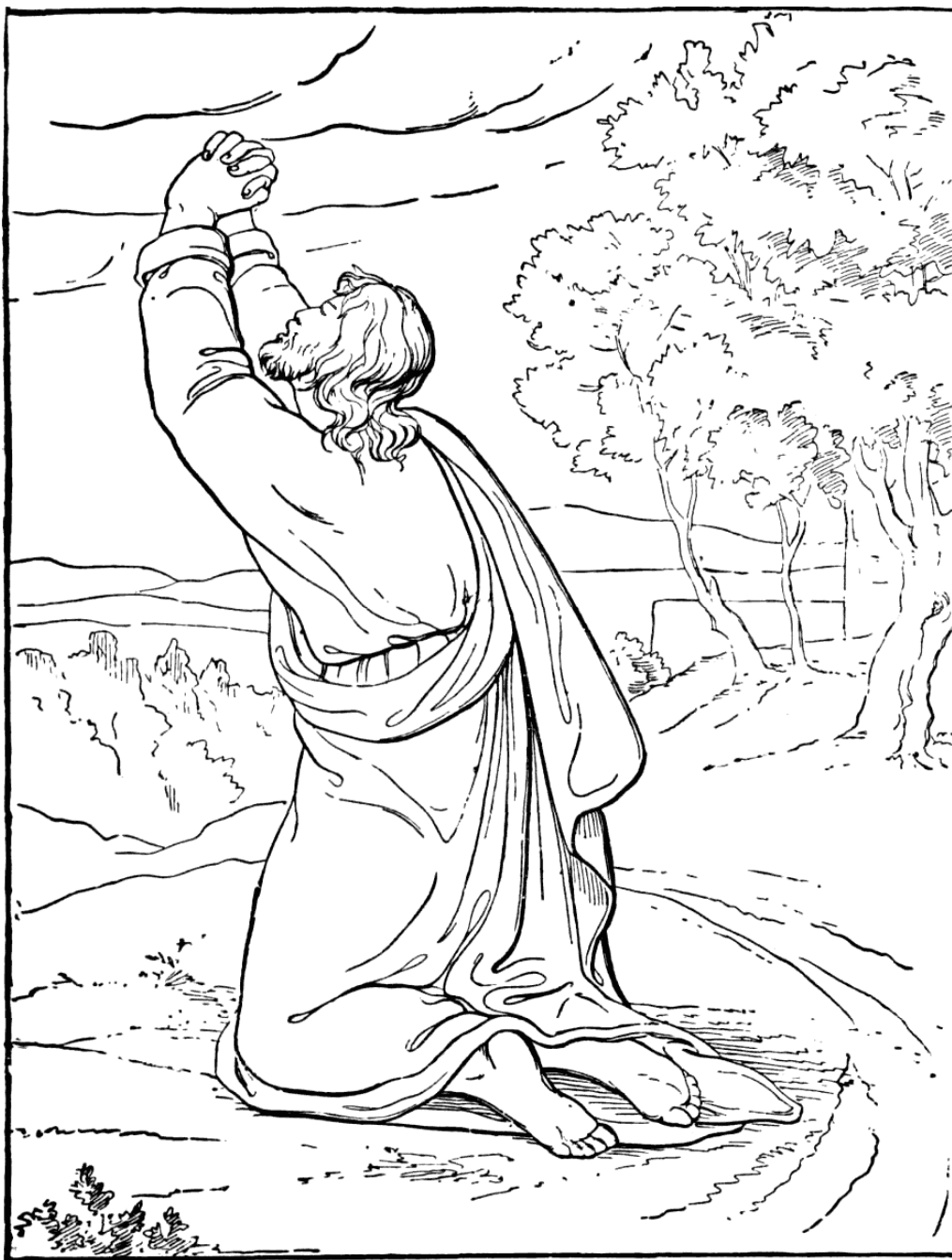
How should we have a Quiet Time?

- Go to Activity 3: A Quiet Time Plan at the end of Lesson 13 for an answer to this question.

Activity 1 Visual/Coloring Page

You may color this picture.

Jesus Praying in the Wilderness



Memory Verse: Psalm 119:9-11

“How can a young person live a pure life? He can do it by obeying your word.

With all my heart I try to obey you, God.

Don't let me break your commands.

I have taken your words to heart so I would not sin against you.”

Activity 2: What Do I Need to Have a Quiet Time?

Instructions:

Below is a list of some familiar things. Read each item.

- If you think the item is helpful and is a good item to have with you when you have your Quiet Time, put a Check ✓ beside the item.
- If you think the item is not a good item to have with you when you have your Quiet Time, put an X beside the item.

Your Bible _____

Cookies/cakes _____

Pencil/pen/journal _____

Notebook/paper _____

Toys _____

Video games/telephone _____

Personal Prayer List _____

Younger brother/sister _____

Bible Study Guide _____

Be able to explain your answers.

Activity 3: A Quite Time Plan

Instructions:

- Read the Quiet Time Plan below carefully. It is one idea for how to begin having your Quiet Time with Christ.
- There is no set time to spend on each section. You must decide what is right for you. You can make changes as needed.

A Quite Time Plan

Opening prayer— ask God to bless your Quiet Time and to have the Holy Spirit help you understand what He wants you to learn.

Bible reading----- read specific parts of the Bible according to a plan like the **31 Day Encounter with Jesus Plan** presented in Lesson 14.

Bible study----- use the **Four Step Bible Study Method** presented in Lessons 6 and 7 to help you understand and apply what you are reading. Write what you learned in a daily journal. Write questions you still have.

Prayer time----- talk to God often about anything. Pray for your needs and those of others. He hears you and wants you to come to Him. Don't forget to praise and thank Him for all He has done.

[The **ACTS** acrostic and the **Personal Prayer List** presented in Lesson 14 will give more guidance to you as you talk to God.]

Get help----- think about any questions you have about what you read. Ask the Holy Spirit to show the meaning to you. If you still have questions, you may choose to use a Bible Study Guide or Commentary to look up more information or ask an adult that you trust to help you.

REMEMBER

- Stay on track. Keep to your schedule daily. Be consistent!
- Review what you have learned often.
- Ask for help when you need it to understand what you study.
- Pray for wisdom and understanding of what you read and learn.
- Make changes in your life as God moves you to do so.
- If you miss a day, don't give up!

Lesson 14

Practical Helps for Prayer and Worship



When we pray and worship, we are communicating directly with the same God Who created all things. Imagine being able to talk with God directly, thanking Him, praising Him, and asking Him. He desires for us to do that! He wants close fellowship with us as our Heavenly Father. Lesson 13 talked about the importance of having a daily Quiet Time. That includes Bible study and prayer. This lesson tells us more about prayer and worship, which are part of our Quiet Time, but can happen any time.

Memory Verse(s):

Psalm 7:17

“I praise the Lord because he does what is right. I sing praises to the name of the Lord Most High.”

Read 1 Thessalonians 5:17:

“Never stop praying.”

Read Philippians 4:6:

“Do not worry about anything. But pray and ask God for everything you need. And when you pray, always give thanks.”

Answer these Questions.

- When is it a good time to pray? (Choose one answer below. Circle it.)
Once a month/ Once a day/ All the time
- What can we talk to God about? (Choose one answer below. Circle it.)
Everything/ What I want Him to give me/ Only things that worry me

Sometimes we need help knowing how to pray. Here is a set of four categories of things to pray for that might help you to pray better.

A - ADORATION—Think about the power, majesty, and glory of God.
All praise and honor and glory and power forever and ever to the One who sits on the throne and to the Lamb! (Revelation 5:13b)

C - CONFESSION—Tell God you are sorry for recent sins you may have done.
But if we confess our sins, he will forgive our sins. (1 John 1:9a)

T - THANKSGIVING - Thank God for all He has done and does for you every day.
Let's come to him with thanksgiving. Let's sing songs to him. (Psalm 95:2)

S - SUPPLICATION - Ask God for things that you or other people may need.
Do not worry about anything. But pray and ask God for everything you need. And when you pray, always give thanks. (Philippians 4:6)

Answer these Questions:

- Complete the Bible Verses about Praising and Worshipping God exercise below. Look up the verses. Write down the different ways to praise and worship God given in the verses.

Bible Verses about Praising and Worshipping God

Read each verse below. Write the ways we can praise and worship God.

Psalm 95:6 - _____

Psalm 46:10 - _____

Hebrews 13:15 - _____

Psalm 149:3 - _____

Psalm 95:1 - _____

Psalm 150:4 - _____

Psalm 47:1 - _____

John 13:34-35 - _____

Nehemiah 8:6 - _____

How many different ways did you find to praise and worship God? _____

Can you think of other ways to praise and worship God? _____

Activity 1. Visual/Coloring Page

You may color this picture.

Children Praying



Children Worshipping



Memory Verse

Psalm 7:17

"I praise the Lord because he does what is right. I sing praises to the name of the Lord Most High."

Activity 2: Personal Prayer Request List/Prayer Hand

Instructions:

- You may use the Personal Prayer Request List as an aid in helping you pray.

Personal Prayer Request List

1. Family/Friends (parents, other family members, people closest to you, etc.)

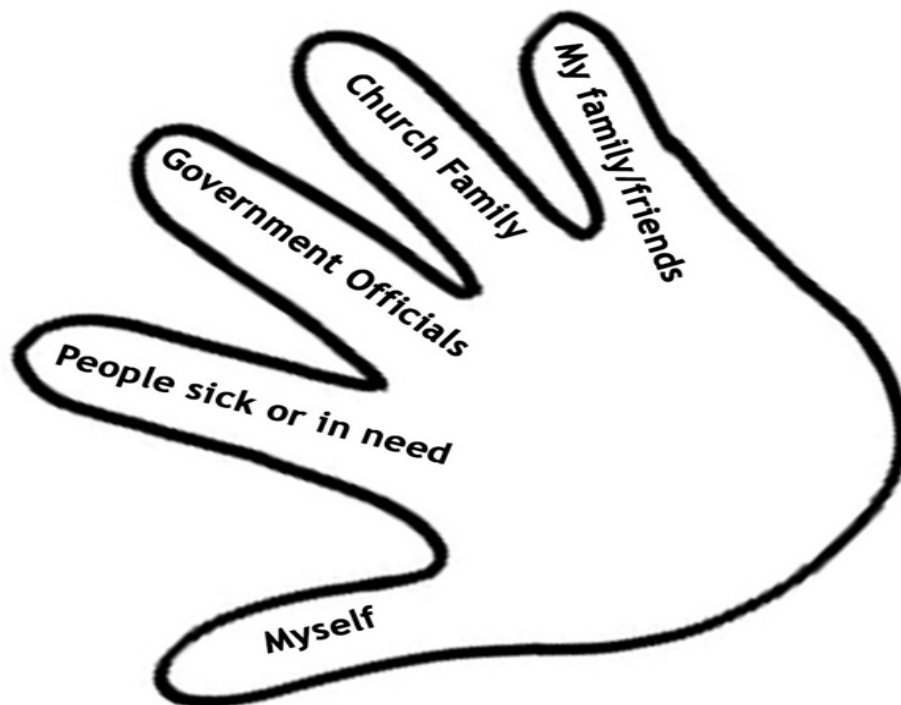
2. Church family/Missions (pastor, teachers, missionaries, etc.)

3. Government Officials (Leaders such as President, Governor, Mayor, Judges, Congress, etc.) _____
4. People sick or in need (physical or spiritual problems)

5. Myself (spiritual growth, wisdom, physical safety, school, work, etc.)

The Prayer Hand

- You may use this Prayer Hand to help you remember to pray for the people on the Personal Prayer Request List.
- Each finger stands for a group to pray for from the Personal Prayer List



Activity 3: Practical Helps for Quiet Time in the Word

Instructions:

- Review the steps for studying the Bible from Lessons 6 and 7.
- Practice using the steps to study a passage from the Bible.

Practical Helps for Quiet Time in the Word

To help you get started in the Word daily, go back and review Lessons 6 and 7 on How to Study the Bible. Next, take a piece of paper or a notebook and write in the Three Steps below to record your journey in the Bible. For example, take Psalm 23:1-9 and follow these steps. You will need more lines in your notebook than we have included below. Since this is your personal Quiet Time study, you will not include the Discussion step (from Lessons 6 and 7). You can discuss your thoughts with others later. Remember to pray as you begin your Quiet Time.

1 - OBSERVATION - “LOOK AT IT” - What does it say? _____

2 - MEDITATION - “THINK ABOUT IT” - What does it mean? _____

3 - APPLICATION - “LIVE IT - DO IT” - Now what? _____

Please note:

For a month-long Bible Study, you might use the **31-day Encounter with Jesus** Bible reading and study schedule presented with this lesson. You can take each theme and scripture passage and use the above method for studying the passage. After the **31 Day Encounter with Jesus**, you can start reading the whole Bible or certain Bible books or letters as the Spirit leads you. An additional Bible reading aid is available to help you at the end of Lesson 14, **Year-Long Bible Reading Schedule**.

Activity 4: A 31 Day Encounter with Jesus

Instructions:

- You can follow this month-long Bible reading schedule to assist with your daily Quiet Time as you learn more about Jesus, the Living Word.

A 31 Day Encounter with Jesus

<u>Day</u>	<u>Theme</u>	<u>Scripture</u>
Day 1	Jesus is Predicted	Isaiah 53
Day 2	The Birth of Jesus	Matthew 1:18-25
Day 3	John the Baptist Prepares the Way	Matthew 3:1–4:11
Day 4	Jesus Meets the Samaritan Woman	John 4:1-26
Day 5	Jesus is Rejected at Home	Luke 4:14-30
Day 6	Jesus Calls His Disciples	Luke 5:1-11
Day 7	The Sermon on the Plain	Luke 6:17-46
Day 8	The Widow’s Son and a Sinful Woman	Luke 7:11-17; 7:36-50
Day 9	Jesus Encounters the Pharisees	Matthew 12:1-13; 22-45
Day 10	Parable of the Sower	Matthew 13:1-43
Day 11	Jesus Calms the Storm	Luke 8:22-25
Day 12	Jesus Heals a Man, Woman and Girl	Mark 5:1-43
Day 13	Jesus Feeds the 5000	John 6:1-14
Day 14	Peter Knows Jesus Christ	Luke 9:18-27
Day 15	Healing by Faith	Mark 9:14-32
Day 16	More Teachings and Parables	Matthew 17:24–18:20
Day 17	More Teachings and Parables	Matthew 18:21–19:15
Day 18	The Rich Young Ruler	Mark 10:17-31
Day 19	The Disciples Sent Out	Luke 10:1-24
Day 20	The Great Commandment	Mark 12:28-44
Day 21	The Parable of the Good Samaritan	Luke 10:25-37
Day 22	The Lord’s Prayer	Luke 11:1-13
Day 23	Jesus Raises Lazarus from the Dead	John 11:1-44
Day 24	The Triumphal Entry into Jerusalem	Matthew 21:1-27
Day 25	The Last Supper	John 13:1-17
Day 26	The Love of Jesus for the Disciples	John 14-15
Day 27	Jesus Arrested and Betrayed	Matthew 26:36-75
Day 28	Jesus’ Unfair Trial	John 18:19–19:16
Day 29	Jesus’ Crucifixion and Death	John 19:17-42
Day 30	Jesus’ Resurrection and Appearances	John 20-21
Day 31	The Great Commission of Jesus	Matthew 28:16-20

Additional Resource for Studying God’s Word on Next Two Pages

Year-Long Bible Reading Schedule

Remember, as you read through the Word of God, that it is Truth. Truth is a Person, Jesus Christ, the Living Word of God and all Scripture points to Him. Note that this activity is part of your personal Quiet Time. You may divide each week's assignment and read it across all 7 days. While you will not be discussing the readings with others at the time you read them, you may later want to talk about what you learned through your personal study of the Word.

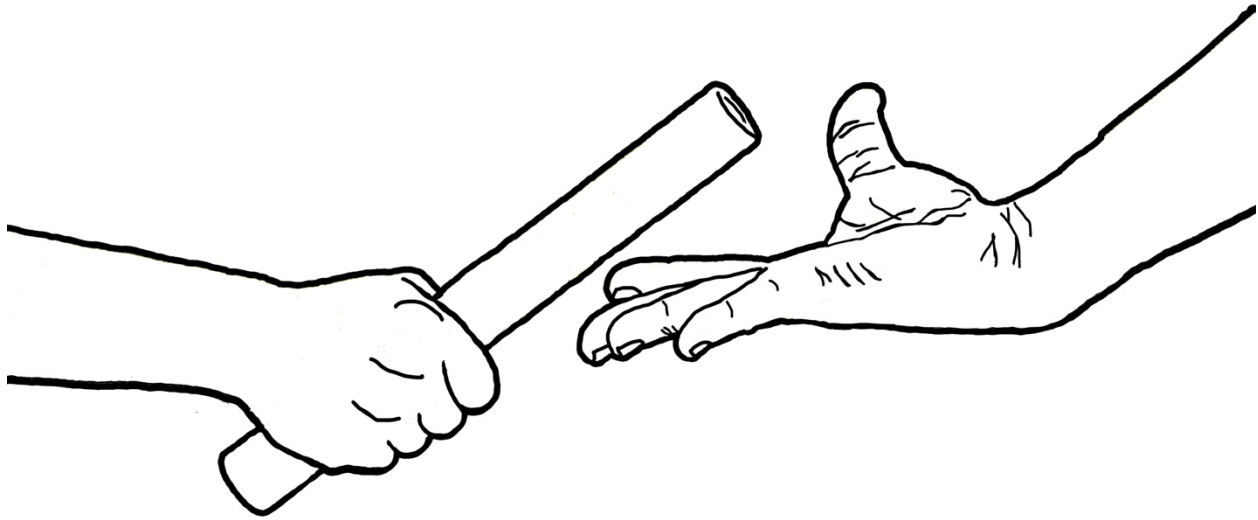
BIBLE READING SCHEDULE

WEEK	TITLE	SCRIPTURE	READ
1	God's Creation Adam & Eve	Genesis 1 - 2:24	
2	The Snake	Genesis 3	
3	Noah's Story	Genesis 6:9 - 9:17	
4	Abram's Story	Genesis 15	
5	Sarah's Story	Genesis 18:1-15; 21:1-6	
6	Jacob's Story	Genesis 27; 32 - 33	
7	Joseph's Story	Genesis 37; 39 - 42; 44 - 45	
8	Miriam's Story	Exodus 2:1-10	
9	God Rescues the Israelites	Exodus 12:1-42; 14:5-31	
10	Moses and the Ten Commandments	Exodus 20:1-21	
11	Aaron's Story	Exodus 32:1-29	
12	Caleb's Story	Numbers 13	
13	Balaam's Story	Numbers 22:21-41	
14	Rahab's Story	Joshua 2	
15	Joshua's Story	Joshua 6	
16	Deborah's Story	Judges 4	
17	Gideon's Story	Judges 6 - 7	
18	Ruth and Naomi's Story	Ruth 1 - 2	
19	Hannah's Story	1 Samuel 1:9-28	
20	Samuel's Story	1 Samuel 16:1-13	
21	Young David's Story	1 Samuel 17	
22	Abigail's Story	1 Samuel 25:2-38	
23	Solomon's Story	1 Kings 3; Proverbs 1:1-7; 2:1-22	
24	Elijah's Story	1 Kings 18:1-40	
25	Elisha's Story	2 Kings 4:1-7	
26	Josiah's Story	2 Kings 22:1 - 23:25	

BIBLE READING SCHEDULE - Continued

WEEK	TITLE	SCRIPTURE	READ
27	The Temple of God	Ezra 3:1-13; 7:1-10; 9:6 - 10:17	
28	Nehemiah's Story	Nehemiah 3 - 4; 6	
29	Esther's Story	Esther 5:1-8; 8:1-17	
30	Job's Story	Job 1 - 2; 13; 40; 42	
31	King David Speaks	Psalms 23	
32	Jeremiah's Story	Jeremiah 1:3-19	
33	Shadrach, Meshach and Abednego's Story	Daniel 3	
34	Daniel's Story	Daniel 6	
35	Jonah's Story	Jonah 1 - 4	
36	The Shepherd's Story	Luke 2:1-20	
37	Mary's Story	Matthew 2:13-23	
38	John the Baptist's Story	John 1:19-34	
39	Nicodemus' Story	John 3:1-21	
40	The Apostles	Matthew 10	
41	The Rich Man's Story	Matthew 19:16-30	
42	The Pharisees	Matthew 22:34-40; 23:1-36	
43	Mary and Martha's Story	John 12:1-8	
44	Jesus' Great Sacrifice	Matthew 27:27 - 28:10	
45	Thomas' Story	John 20:24-30	
46	The Early Christians	Acts 2	
47	Peter's Story	Acts 3	
48	Stephen's Story	Acts 7	
49	Philip's Story	Acts 8:26-40	
50	Saul's Story	Acts 9:1-19	
51	Silas' Story	Acts 16:16-40	
52	Timothy's Story	Acts 16:1-4; 1 Timothy 4:6-16; 6:11-21; 2 Timothy 1:3-14	
BONUS	John Sees the Future	Revelation 21 - 22	

Pass It On!



- The purpose of this workbook study is to train you in the Biblical principles used by the Early Christian Church that spread and changed the world for Christ and the Gospel during its time.
- Our goal is to develop the knowledge and desire in you, as a participant in this study, to become one of today's disciples that will impact your world for the Gospel.
- We say to you what Paul said to Timothy:

*"You and many others have heard what I have taught.
You should teach the same thing to some people you can trust.
Then they will be able to teach it to others."*

2 Timothy 2:2

- It is time for you to pass on to others what you have learned about being a member of the Household of God.
- Write the names of two people to whom you would like to pass on what you know about the Household of God in the spaces below:

- Begin to pray for opportunities to ***pass it on!***



Certificate of Completion

*“God’s Plan for Young Disciples”
This is to Certify that*



Has successfully completed all the lessons and training for God’s Plan for Young Disciples.

This includes the introduction and personal study, discussion, and application in the following fourteen lessons:

1. The Authority and Sufficiency of God’s Word
2. The Authority and Sufficiency of the Holy Spirit
3. Water Baptism
4. Members of One Another
5. Lord’s Supper
6. How to Study the Bible and (7) Practice
8. Galatians: Spirit, Faith and Pure Gospel
9. Ephesians: Revealing the Plan of Christ
10. 1 Timothy: Order in the Household of God
11. Your Life in Christ
12. Your Life with Christ
13. Spending Quiet Time with the Lord
14. Practical Helps for Prayer and Worship

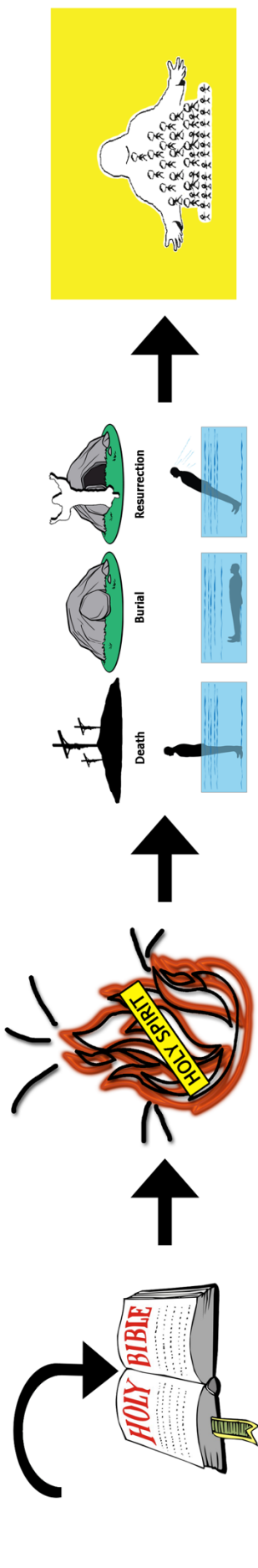
*This certificate is presented to the above student by New Foundations International and a local church leader,
desiring that the student grows as a fruitful disciple for the glory of God.*

Date: day of in the year

New Foundations International

Local Church Leader

God's Plan for His Disciples

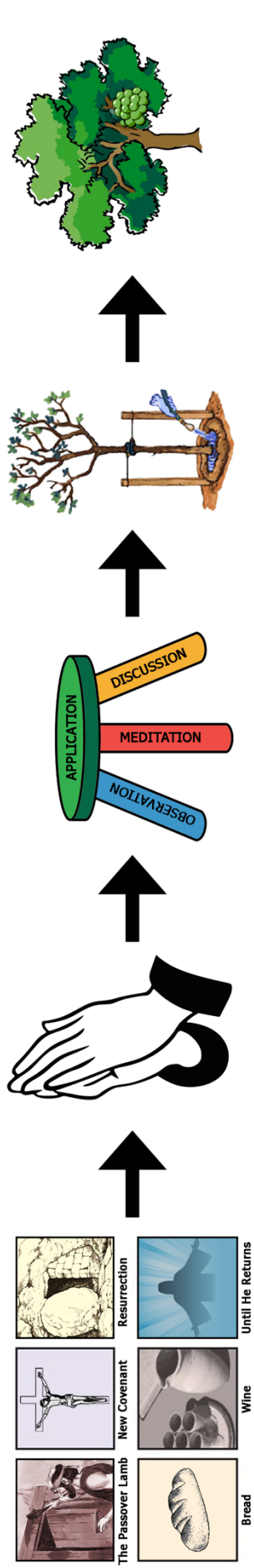


Word of God - Authority

Holy Spirit - Power

Water Baptism

Members of One Another



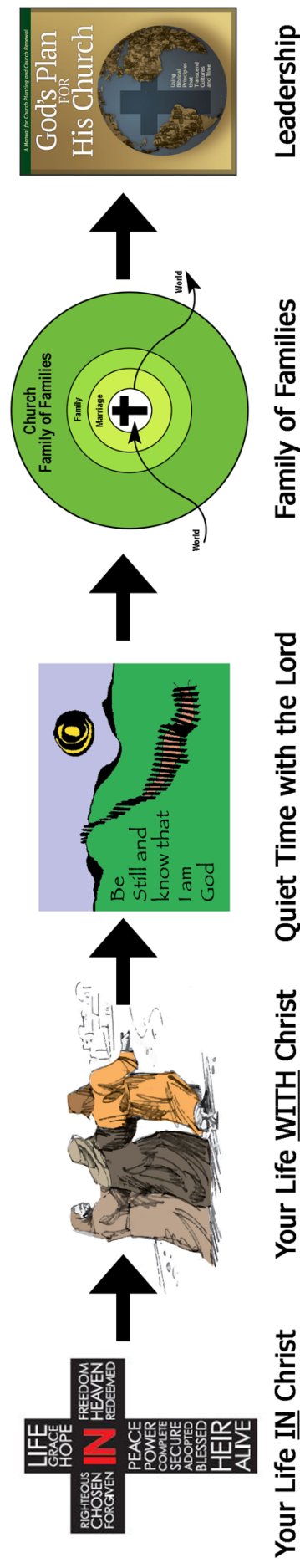
Lord's Supper

Prayer

How to Study the Bible

Staked

Established



Your Life IN Christ

Your Life WITH Christ

Quiet Time with the Lord

Family of Families

Leadership

**So your child has chosen to follow Christ. Now what?
What are the critical Biblical principles they need to know in order to
grow into mature disciples of Jesus?**

Teaching those principles to children does not have to be complicated. The discipleship lessons in this manual do not have to be taught by professional educators. They are set up to be presented by parents, Sunday School teachers or other mentors who themselves are disciples. Each lesson provides guidance for the presenter, Scripture, memory verses, and hands on activities for children.

Children are important to God. This is so true that Matthew 18:10 states: *“Be careful. Don’t think these little children are worth nothing. I tell you that they have angels in heaven who are always with my Father in heaven.”*

When children come to Christ early, they have all of their lives to live for Him, grow as His disciples and share with others. This manual is a valuable tool for helping them to do that. (Martha D. Evans, Director of Children’s Ministries, Fellowship Bible Church)



***“You and many others have heard what I have taught.
You should teach the same thing to some people you can
trust. Then they will be able to teach it to others.”
2 Timothy 2:2***



God’s Plan for
Young Disciples:
Young Disciples’
Workbook